



Starbucks Coffee Company  
Beverage Nutrition Information

Product Name	Size	Milk	Whip	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Caffeine (mg)	
<b>Coffee</b>																				
Brewed Coffee - Dark Roast	Short	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	130	
Brewed Coffee - Dark Roast	Tall	N/A	N/A	354 mL	4	0.1	0	0	0	10	0	0	0	0.5	0%	0%	0%	0%	193	
Brewed Coffee - Dark Roast	Grande	N/A	N/A	473 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	0%	0%	260	
Brewed Coffee - Dark Roast	Venti*	N/A	N/A	591 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	2%	0%	340	
Brewed Coffee Traveler - Dark Roast	1 - 236 mL serving	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	130	
Brewed Coffee - Decaf Pike Place® Roast	Short	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	15	
Brewed Coffee - Decaf Pike Place® Roast	Tall	N/A	N/A	354 mL	4	0.1	0	0	0	10	0	0	0	0.5	0%	0%	0%	0%	20	
Brewed Coffee - Decaf Pike Place® Roast	Grande	N/A	N/A	473 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	0%	0%	25	
Brewed Coffee - Decaf Pike Place® Roast	Venti*	N/A	N/A	591 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	0%	0%	30	
Brewed Coffee Traveler - Decaf Pike Place® Roast	1 - 236 mL serving	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	15	
Brewed Coffee - Medium Roast	Short	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	155	
Brewed Coffee - Medium Roast	Tall	N/A	N/A	354 mL	4	0.1	0	0	0	10	0	0	0	0.5	0%	0%	0%	0%	235	
Brewed Coffee - Medium Roast	Grande	N/A	N/A	473 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	0%	0%	310	
Brewed Coffee - Medium Roast	Venti*	N/A	N/A	591 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	2%	0%	410	
Brewed Coffee Traveler - Medium Roast	1 - 236 mL serving	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	155	
Brewed Coffee - True North Blend Blonde Roast	Short	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	180	
Brewed Coffee - True North Blend Blonde Roast	Tall	N/A	N/A	354 mL	4	0.1	0	0	0	10	0	0	0	0.5	0%	0%	0%	0%	270	
Brewed Coffee - True North Blend Blonde Roast	Grande	N/A	N/A	473 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	0%	0%	360	
Brewed Coffee - True North Blend Blonde Roast	Venti*	N/A	N/A	591 mL	5	0.1	0	0	0	10	0	0	0	1	0%	0%	2%	0%	475	
Brewed Coffee Traveler - True North Blend Blonde Roast	1 - 236 mL serving	N/A	N/A	236 mL	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	180	
Caffè Misto	Short	Nonfat	N/A	236 mL	35	0.1	0.1	0	0	45	5	0	5	4	6%	0%	10%	0%	75	
Caffè Misto	Short	2%	N/A	236 mL	50	2	1	0.1	10	50	5	0	5	4	6%	0%	10%	0%	75	
Caffè Misto	Short	Whole	N/A	236 mL	70	3.5	2	0.1	10	50	5	0	5	3	4%	0%	10%	0%	75	
Caffè Misto	Short	Soy	N/A	236 mL	40	1.5	0.2	0	0	40	3	0	2	3	4%	0%	10%	6%	75	
Caffè Misto	Short	Coconut	N/A	236 mL	40	2.5	2.5	0	0	45	4	0	3	0.4	0%	0%	0%	0%	75	
Caffè Misto	Tall	Nonfat	N/A	354 mL	60	0.2	0.1	0	5	70	8	0	8	6	10%	0%	20%	0%	115	
Caffè Misto	Tall	2%	N/A	354 mL	80	3	1.5	0.1	15	80	8	0	8	5	8%	0%	20%	0%	115	
Caffè Misto	Tall	Whole	N/A	354 mL	100	5	3	0.2	15	70	8	0	8	5	8%	0%	15%	0%	115	
Caffè Misto	Tall	Soy	N/A	354 mL	60	2.5	0.3	0	0	60	5	1	4	4	6%	0%	20%	8%	115	
Caffè Misto	Tall	Coconut	N/A	354 mL	60	3.5	3.5	0	0	70	6	0	5	1	0%	0%	0%	0%	115	
Caffè Misto	Grande	Nonfat	N/A	473 mL	70	0.2	0.1	0	5	90	10	0	10	7	15%	0%	25%	0%	150	
Caffè Misto	Grande	2%	N/A	473 mL	110	4	2	0.1	15	100	10	0	10	7	10%	0%	25%	0%	150	
Caffè Misto	Grande	Whole	N/A	473 mL	130	7	4	0.2	20	95	10	0	10	7	10%	0%	20%	0%	150	
Caffè Misto	Grande	Soy	N/A	473 mL	80	3	0.4	0	0	80	6	1	5	6	8%	0%	25%	10%	150	
Caffè Misto	Grande	Coconut	N/A	473 mL	70	4.5	4.5	0	0	90	7	0	7	1	0%	0%	0%	0%	150	
Caffè Misto	Venti*	Nonfat	N/A	591 mL	90	0.3	0.2	0	5	115	13	0	13	9	15%	0%	30%	0%	195	
Caffè Misto	Venti*	2%	N/A	591 mL	130	5	2.5	0.2	20	130	13	0	13	9	15%	0%	30%	0%	195	
Caffè Misto	Venti*	Whole	N/A	591 mL	160	9	5	0.3	25	120	13	0	13	9	10%	0%	25%	0%	195	
Caffè Misto	Venti*	Soy	N/A	591 mL	100	4	0.5	0	0	100	8	1	6	7	10%	0%	30%	15%	195	
Caffè Misto	Venti*	Coconut	N/A	591 mL	80	5	4.5	0	0	90	7	0	7	1	0%	0%	0%	0%	195	
Clover® Brewed Coffee - Dark Roast	Short	N/A	N/A	236 mL	10	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	190	
Clover® Brewed Coffee - Dark Roast	Tall	N/A	N/A	354 mL	10	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	280	
Clover® Brewed Coffee - Dark Roast	Grande	N/A	N/A	473 mL	10	0	0	0	0	10	0	0	0	1	0%	0%	0%	0%	380	
Clover® Brewed Coffee - Dark Roast	Venti*	N/A	N/A	591 mL	10	0	0	0	0	10	0	0	0	1	0%	0%	0%	0%	470	
Clover® Brewed Coffee - Light Roast	Short	N/A	N/A	236 mL	10	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	155	
Clover® Brewed Coffee - Light Roast	Tall	N/A	N/A	354 mL	10	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	255	
Clover® Brewed Coffee - Light Roast	Grande	N/A	N/A	473 mL	10	0	0	0	0	10	0	0	0	1	0%	0%	0%	0%	340	
Clover® Brewed Coffee - Light Roast	Venti*	N/A	N/A	591 mL	10	0	0	0	0	10	0	0	0	1	0%	0%	0%	0%	425	
Clover® Brewed Coffee - Medium Roast	Short	N/A	N/A	236 mL	10	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	170	
Clover® Brewed Coffee - Medium Roast	Tall	N/A	N/A	354 mL	10	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	280	
Clover® Brewed Coffee - Medium Roast	Grande	N/A	N/A	473 mL	10	0	0	0	0	10	0	0	0	1	0%	0%	0%	0%	375	



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Clover® Brewed Coffee - Medium Roast	Venti®	N/A	N/A	591 mL	10	0	0	0	0	10	0	0	0	1	0%	0%	0%	0%	445
Iced Coffee	Tall	N/A	N/A	354 mL	60	0	0	0	0	10	15	0	15	0.2	0%	0%	0%	0%	120
Iced Coffee	Grande	N/A	N/A	473 mL	80	0.1	0	0	0	10	20	0	20	0.3	0%	0%	2%	0%	165
Iced Coffee	Venti®	N/A	N/A	709 mL	120	0.1	0	0	0	15	30	0	30	0.4	0%	0%	2%	0%	235
Iced Coffee	Trenta	N/A	N/A	887 mL	160	0.1	0	0	0	15	40	0	39	1	0%	0%	2%	0%	280
Iced Coffee with Milk	Tall	Nonfat	N/A	354 mL	80	0.1	0	0	0	30	17	0	17	2	2%	0%	6%	0%	90
Iced Coffee with Milk	Tall	2%	N/A	354 mL	80	1	0.5	0	5	30	17	0	17	2	2%	0%	6%	0%	90
Iced Coffee with Milk	Tall	Whole	N/A	354 mL	90	1.5	1	0	5	30	17	0	17	2	2%	0%	6%	0%	90
Iced Coffee with Milk	Tall	Soy	N/A	354 mL	80	1	0.1	0	0	25	16	0	16	2	2%	0%	6%	2%	90
Iced Coffee with Milk	Tall	Coconut	N/A	354 mL	80	1	1	0	0	25	17	0	16	0.3	0%	0%	0%	0%	110
Iced Coffee with Milk	Grande	Nonfat	N/A	473 mL	100	0.1	0	0	0	35	23	0	23	2	4%	0%	8%	0%	125
Iced Coffee with Milk	Grande	2%	N/A	473 mL	110	1.5	1	0.1	5	40	23	0	23	2	4%	0%	8%	0%	125
Iced Coffee with Milk	Grande	Whole	N/A	473 mL	120	2	1	0.1	5	35	23	0	23	2	2%	0%	8%	0%	125
Iced Coffee with Milk	Grande	Soy	N/A	473 mL	110	1	0.1	0	0	35	22	0	21	2	2%	0%	8%	4%	125
Iced Coffee with Milk	Grande	Coconut	N/A	473 mL	100	1.5	1.5	0	0	35	22	0	22	0.4	0%	0%	0%	0%	150
Iced Coffee with Milk	Venti®	Nonfat	N/A	709 mL	160	0.1	0.1	0	0	60	35	0	35	4	6%	0%	15%	0%	170
Iced Coffee with Milk	Venti®	2%	N/A	709 mL	170	2	1.5	0.1	10	65	35	0	35	4	6%	0%	15%	0%	170
Iced Coffee with Milk	Venti®	Whole	N/A	709 mL	190	3.5	2	0.1	10	60	35	0	35	4	4%	0%	10%	0%	170
Iced Coffee with Milk	Venti®	Soy	N/A	709 mL	160	1.5	0.2	0	0	55	33	0	32	3	4%	0%	15%	6%	170
Iced Coffee with Milk	Venti®	Coconut	N/A	709 mL	160	2.5	2	0	0	55	33	0	33	1	0%	0%	2%	0%	205
Iced Coffee with Milk	Trenta	Nonfat	N/A	887 mL	210	0.2	0.1	0	5	70	46	0	46	5	8%	0%	15%	0%	190
Iced Coffee with Milk	Trenta	2%	N/A	887 mL	230	3	1.5	0.1	10	80	46	0	46	5	8%	0%	15%	0%	190
Iced Coffee with Milk	Trenta	Whole	N/A	887 mL	240	4.5	2.5	0.1	15	75	46	0	46	5	6%	0%	15%	0%	190
Iced Coffee with Milk	Trenta	Soy	N/A	887 mL	220	2	0.3	0	0	65	44	1	43	4	6%	0%	15%	8%	190
Iced Coffee with Milk	Trenta	Coconut	N/A	887 mL	210	3	3	0	0	70	44	0	44	1	0%	0%	2%	0%	190
Cold Brewed Coffee	Tall	N/A	N/A	354 mL	2	0	0	0	0	10	0	0	0	1	0%	0%	0%	0%	150
Cold Brewed Coffee	Grande	N/A	N/A	473 mL	3	0	0	0	0	15	0	0	0	0.2	0%	0%	2%	0%	200
Cold Brewed Coffee	Venti®	N/A	N/A	709 mL	4	0	0	0	0	20	0	0	0	0.3	0%	0%	2%	0%	300
Cold Brewed Coffee	Trenta	N/A	N/A	887 mL	5	0	0	0	0	25	0	0	0	0.3	0%	0%	2%	0%	330
Vanilla Sweet Cream Cold Brew	Tall	N/A	N/A	354 mL	100	6	3.5	0.2	20	20	12	0	12	1	6%	0%	2%	0%	140
Vanilla Sweet Cream Cold Brew	Grande	N/A	N/A	473 mL	110	6	3.5	0.2	20	25	14	0	14	1	6%	0%	4%	0%	185
Vanilla Sweet Cream Cold Brew	Venti®	N/A	N/A	709 mL	200	11	7	0.3	40	40	24	0	24	1	15%	0%	6%	0%	275
Vanilla Sweet Cream Cold Brew	Trenta	N/A	N/A	887 mL	210	11	7	0.3	40	45	26	0	26	2	15%	0%	6%	0%	320
<b>Espresso</b>																			
Caffè Americano	Short	N/A	N/A	236 mL	5	0	0	0	0	5	1	0	0	0	0%	0%	0%	0%	75
Caffè Americano	Tall	N/A	N/A	354 mL	10	0	0	0	0	10	2	0	0	1	0%	0%	2%	0%	150
Caffè Americano	Grande	N/A	N/A	473 mL	15	0	0	0	0	15	3	0	0	1	0%	0%	2%	0%	225
Caffè Americano	Venti®	N/A	N/A	591 mL	25	0	0	0	0	15	4	0	0	1	0%	0%	2%	0%	300
Iced Caffè Americano	Tall	N/A	N/A	354 mL	10	0	0	0	0	10	2	0	0	1	0%	0%	2%	0%	150
Iced Caffè Americano	Grande	N/A	N/A	473 mL	15	0	0	0	0	15	3	0	0	1	0%	0%	2%	0%	225
Iced Caffè Americano	Venti®	N/A	N/A	709 mL	25	0	0	0	0	20	4	0	0	1	0%	0%	2%	0%	300
Caffè Latte	Short	Nonfat	N/A	236 mL	70	0.1	0.1	0	5	75	10	0	9	6	10%	0%	20%	0%	75
Caffè Latte	Short	2%	N/A	236 mL	100	3.5	2.5	0.2	15	85	10	0	9	6	10%	0%	20%	0%	75
Caffè Latte	Short	Whole	N/A	236 mL	110	6	3.5	0.2	20	75	10	0	9	6	8%	0%	20%	0%	75
Caffè Latte	Short	Soy	N/A	236 mL	70	2.5	0.4	0	0	65	6	1	4	5	6%	0%	20%	8%	75
Caffè Latte	Short	Coconut	N/A	236 mL	70	4	4	0	0	75	7	0	6	1	0%	0%	0%	0%	75
Caffè Latte	Tall	Nonfat	N/A	354 mL	100	0.2	0.2	0	5	120	15	0	14	10	15%	0%	30%	0%	75
Caffè Latte	Tall	2%	N/A	354 mL	150	6	3.5	0.2	25	135	15	0	14	10	15%	0%	30%	0%	75
Caffè Latte	Tall	Whole	N/A	354 mL	180	9	5	0.3	30	125	15	0	14	9	15%	0%	30%	0%	75
Caffè Latte	Tall	Soy	N/A	354 mL	110	4.5	0.5	0	0	105	10	1	6	8	10%	0%	30%	15%	75
Caffè Latte	Tall	Coconut	N/A	354 mL	110	7	6	0	0	120	11	0	10	1	0%	0%	0%	0%	75
Caffè Latte	Grande	Nonfat	N/A	473 mL	130	0.3	0.2	0	5	150	19	0	18	13	20%	0%	40%	0%	150
Caffè Latte	Grande	2%	N/A	473 mL	190	7	4.5	0.3	30	170	19	0	17	12	20%	2%	40%	0%	150
Caffè Latte	Grande	Whole	N/A	473 mL	230	11	7	0.3	35	150	19	0	17	12	15%	0%	35%	0%	150
Caffè Latte	Grande	Soy	N/A	473 mL	150	5	0.5	0	0	130	13	1	8	10	15%	0%	40%	15%	150
Caffè Latte	Grande	Coconut	N/A	473 mL	140	8	8	0	0	150	14	0	12	1	0%	0%	0%	0%	150
Caffè Latte	Venti®	Nonfat	N/A	591 mL	170	0.4	0.3	0	10	190	25	0	23	16	30%	0%	50%	0%	150
Caffè Latte	Venti®	2%	N/A	591 mL	240	9	6	0.4	35	220	24	0	22	16	25%	2%	50%	0%	150



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Caffè Latte	Venti*	Whole	N/A	591 mL	290	15	9	0.5	45	200	24	0	22	15	20%	0%	50%	0%	150
Caffè Latte	Venti*	Soy	N/A	591 mL	190	7	1	0	0	170	16	2	11	13	20%	0%	50%	25%	150
Caffè Latte	Venti*	Coconut	N/A	591 mL	170	11	10	0	0	200	18	0	16	2	0%	0%	0%	0%	150
Iced Caffè Latte	Tall	Nonfat	N/A	354 mL	70	0.1	0.1	0	5	80	10	0	9	6	10%	0%	20%	0%	75
Iced Caffè Latte	Tall	2%	N/A	354 mL	100	3.5	2	0.1	15	90	10	0	9	6	10%	0%	20%	0%	75
Iced Caffè Latte	Tall	Whole	N/A	354 mL	120	6	3.5	0.2	20	85	10	0	9	6	8%	0%	20%	0%	75
Iced Caffè Latte	Tall	Soy	N/A	354 mL	80	3	0.4	0	0	75	7	1	4	5	8%	0%	20%	10%	75
Iced Caffè Latte	Tall	Coconut	N/A	354 mL	70	4	4	0	0	80	7	0	6	1	0%	0%	0%	0%	75
Iced Caffè Latte	Grande	Nonfat	N/A	473 mL	90	0.2	0.1	0	5	105	13	0	11	8	15%	0%	25%	0%	150
Iced Caffè Latte	Grande	2%	N/A	473 mL	130	4.5	2.5	0.1	20	115	13	0	11	8	15%	0%	25%	0%	150
Iced Caffè Latte	Grande	Whole	N/A	473 mL	150	7	4.5	0.2	25	105	13	0	11	8	10%	0%	25%	0%	150
Iced Caffè Latte	Grande	Soy	N/A	473 mL	100	3.5	0.5	0	0	95	9	1	5	7	10%	0%	25%	10%	150
Iced Caffè Latte	Grande	Coconut	N/A	473 mL	90	5	5	0	0	105	10	0	8	1	0%	0%	0%	0%	150
Iced Caffè Latte	Venti*	Nonfat	N/A	709 mL	130	0.3	0.2	0	5	140	19	0	16	12	20%	0%	35%	0%	225
Iced Caffè Latte	Venti*	2%	N/A	709 mL	180	6	3	0.2	25	160	18	0	15	12	20%	2%	35%	0%	225
Iced Caffè Latte	Venti*	Whole	N/A	709 mL	210	10	6	0.3	30	150	18	0	15	11	15%	0%	35%	0%	225
Iced Caffè Latte	Venti*	Soy	N/A	709 mL	150	5	0.5	0	0	130	13	1	8	10	15%	0%	40%	15%	225
Iced Caffè Latte	Venti*	Coconut	N/A	709 mL	130	7	7	0	0	150	14	0	11	2	0%	0%	2%	0%	225
Caffè Mocha	Short	Nonfat	No Whip	236 mL	120	1.5	1	0	5	65	21	2	17	7	8%	0%	15%	15%	90
Caffè Mocha	Short	Nonfat	Whip	236 mL	180	6	4	0.2	20	70	23	2	18	7	15%	0%	20%	15%	90
Caffè Mocha	Short	2%	No Whip	236 mL	150	4	2.5	0.1	10	70	21	2	17	7	8%	0%	15%	15%	90
Caffè Mocha	Short	2%	Whip	236 mL	200	9	6	0.3	30	75	22	2	18	7	15%	0%	20%	15%	90
Caffè Mocha	Short	Whole	No Whip	236 mL	160	6	3.5	0.1	15	65	21	2	17	6	6%	0%	15%	15%	90
Caffè Mocha	Short	Whole	Whip	236 mL	210	11	7	0.3	35	70	22	2	18	7	15%	0%	15%	15%	90
Caffè Mocha	Short	Soy	No Whip	236 mL	130	3.5	1	0	0	55	18	3	13	6	6%	0%	15%	25%	90
Caffè Mocha	Short	Soy	Whip	236 mL	180	9	4	0.2	20	60	20	3	14	6	10%	0%	20%	25%	90
Caffè Mocha	Short	Coconut	No Whip	236 mL	130	4.5	4	0	0	65	19	2	15	2	0%	0%	0%	15%	90
Caffè Mocha	Short	Coconut	Whip	236 mL	180	10	7	0.2	20	70	21	2	16	2	6%	0%	2%	15%	90
Caffè Mocha	Tall	Nonfat	No Whip	354 mL	190	2	1	0	5	100	32	3	27	10	15%	0%	30%	25%	95
Caffè Mocha	Tall	Nonfat	Whip	354 mL	250	8	5	0.2	25	110	34	3	28	11	20%	0%	30%	25%	95
Caffè Mocha	Tall	2%	No Whip	354 mL	230	6	4	0.2	20	115	32	3	26	10	15%	0%	25%	25%	95
Caffè Mocha	Tall	2%	Whip	354 mL	290	13	8	0.4	40	120	34	3	28	11	20%	2%	30%	25%	95
Caffè Mocha	Tall	Whole	No Whip	354 mL	250	9	6	0.2	25	105	32	3	26	10	10%	0%	25%	25%	95
Caffè Mocha	Tall	Whole	Whip	354 mL	310	16	9	0.4	45	110	34	3	28	10	20%	0%	25%	25%	95
Caffè Mocha	Tall	Soy	No Whip	354 mL	200	5	1.5	0	0	90	28	4	20	9	10%	0%	25%	35%	95
Caffè Mocha	Tall	Soy	Whip	354 mL	260	11	5	0.2	25	95	30	4	22	9	15%	0%	30%	35%	95
Caffè Mocha	Tall	Coconut	No Whip	354 mL	190	7	6	0	0	105	29	3	23	3	0%	0%	2%	25%	95
Caffè Mocha	Tall	Coconut	Whip	354 mL	250	13	10	0.2	25	110	30	3	25	3	6%	0%	2%	25%	95
Caffè Mocha	Grande	Nonfat	No Whip	473 mL	250	2.5	1.5	0	5	125	42	4	34	13	20%	0%	35%	35%	175
Caffè Mocha	Grande	Nonfat	Whip	473 mL	320	10	6	0.2	30	135	44	4	36	14	25%	0%	35%	35%	175
Caffè Mocha	Grande	2%	No Whip	473 mL	290	8	5	0.2	25	140	42	4	34	13	15%	2%	35%	35%	175
Caffè Mocha	Grande	2%	Whip	473 mL	360	15	9	0.5	50	150	44	4	35	13	25%	2%	35%	35%	175
Caffè Mocha	Grande	Whole	No Whip	473 mL	330	12	7	0.3	30	130	42	4	34	13	15%	0%	30%	35%	175
Caffè Mocha	Grande	Whole	Whip	473 mL	400	19	11	0.5	55	135	44	4	35	13	20%	0%	35%	35%	175
Caffè Mocha	Grande	Soy	No Whip	473 mL	260	7	2	0	0	110	37	5	26	11	10%	0%	35%	50%	175
Caffè Mocha	Grande	Soy	Whip	473 mL	330	14	6	0.2	25	115	39	5	28	12	20%	0%	35%	50%	175
Caffè Mocha	Grande	Coconut	No Whip	473 mL	250	9	8	0	0	130	38	4	30	4	0%	0%	2%	35%	175
Caffè Mocha	Grande	Coconut	Whip	473 mL	320	16	12	0.2	25	135	40	4	32	4	8%	0%	2%	35%	175
Caffè Mocha	Venti*	Nonfat	No Whip	591 mL	310	3.5	2	0	10	170	54	5	44	17	25%	0%	45%	40%	185
Caffè Mocha	Venti*	Nonfat	Whip	591 mL	390	10	6	0.2	35	170	56	5	45	18	30%	0%	45%	40%	185
Caffè Mocha	Venti*	2%	No Whip	591 mL	380	11	7	0.3	30	190	53	5	43	17	20%	2%	45%	40%	185
Caffè Mocha	Venti*	2%	Whip	591 mL	450	18	11	0.5	55	190	55	5	45	17	30%	2%	45%	40%	185
Caffè Mocha	Venti*	Whole	No Whip	591 mL	420	16	9	0.4	40	170	53	5	43	16	20%	0%	40%	40%	185
Caffè Mocha	Venti*	Whole	Whip	591 mL	490	23	13	0.5	65	180	55	5	45	17	25%	0%	45%	40%	185
Caffè Mocha	Venti*	Soy	No Whip	591 mL	330	9	2.5	0	0	140	46	6	34	15	15%	0%	45%	60%	185
Caffè Mocha	Venti*	Soy	Whip	591 mL	400	16	7	0.2	25	150	48	6	35	15	25%	0%	45%	60%	185
Caffè Mocha	Venti*	Coconut	No Whip	591 mL	320	12	10	0	0	170	48	5	38	5	0%	0%	2%	40%	185
Caffè Mocha	Venti*	Coconut	Whip	591 mL	390	19	15	0.2	25	180	50	5	40	5	8%	0%	4%	40%	185
Iced Caffè Mocha	Tall	Nonfat	No Whip	354 mL	150	2	1	0	5	65	27	3	22	7	8%	0%	15%	25%	95



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Iced Caffè Mocha	Tall	Nonfat	Whip	354 mL	240	10	6	0.2	30	75	30	3	23	7	15%	0%	20%	25%	95
Iced Caffè Mocha	Tall	2%	No Whip	354 mL	180	4.5	3	0.1	10	70	27	3	21	7	8%	0%	15%	25%	95
Iced Caffè Mocha	Tall	2%	Whip	354 mL	260	12	8	0.4	40	80	29	3	23	7	15%	0%	20%	25%	95
Iced Caffè Mocha	Tall	Whole	No Whip	354 mL	190	6	3.5	0.1	15	65	27	3	21	7	6%	0%	15%	25%	95
Iced Caffè Mocha	Tall	Whole	Whip	354 mL	270	14	9	0.4	45	75	29	3	23	7	15%	0%	15%	25%	95
Iced Caffè Mocha	Tall	Soy	No Whip	354 mL	160	4	1.5	0	0	60	25	3	18	6	6%	0%	15%	30%	95
Iced Caffè Mocha	Tall	Soy	Whip	354 mL	240	12	6	0.2	30	65	27	3	20	7	15%	0%	20%	30%	95
Iced Caffè Mocha	Tall	Coconut	No Whip	354 mL	150	5	4	0	0	65	25	3	19	3	0%	0%	2%	25%	95
Iced Caffè Mocha	Tall	Coconut	Whip	354 mL	240	13	9	0.2	30	70	27	3	22	3	10%	0%	2%	25%	95
Iced Caffè Mocha	Grande	Nonfat	No Whip	473 mL	200	2.5	1.5	0	5	80	36	4	28	9	10%	0%	20%	35%	175
Iced Caffè Mocha	Grande	Nonfat	Whip	473 mL	320	14	8	0.3	45	90	40	4	30	10	25%	0%	25%	35%	175
Iced Caffè Mocha	Grande	2%	No Whip	473 mL	230	6	3.5	0.1	15	90	36	4	28	9	10%	0%	20%	35%	175
Iced Caffè Mocha	Grande	2%	Whip	473 mL	350	17	11	0.5	55	100	39	4	30	10	20%	0%	20%	35%	175
Iced Caffè Mocha	Grande	Whole	No Whip	473 mL	250	8	4.5	0.2	15	80	36	4	28	9	8%	0%	20%	35%	175
Iced Caffè Mocha	Grande	Whole	Whip	473 mL	360	19	12	0.5	60	95	39	4	30	9	20%	0%	20%	35%	175
Iced Caffè Mocha	Grande	Soy	No Whip	473 mL	210	5	2	0	0	75	33	5	24	8	6%	0%	20%	40%	175
Iced Caffè Mocha	Grande	Soy	Whip	473 mL	330	16	9	0.3	40	85	37	5	26	9	20%	0%	25%	40%	175
Iced Caffè Mocha	Grande	Coconut	No Whip	473 mL	210	6	5	0	0	80	34	4	26	4	0%	0%	2%	35%	175
Iced Caffè Mocha	Grande	Coconut	Whip	473 mL	320	18	12	0.3	40	95	37	4	29	4	15%	0%	4%	35%	175
Iced Caffè Mocha	Venti®	Nonfat	No Whip	709 mL	300	3.5	2.5	0	5	110	53	6	41	13	15%	0%	30%	50%	265
Iced Caffè Mocha	Venti®	Nonfat	Whip	709 mL	410	15	9	0.3	45	120	57	6	43	14	25%	0%	30%	50%	265
Iced Caffè Mocha	Venti®	2%	No Whip	709 mL	340	8	5	0.2	20	120	53	6	41	13	15%	0%	30%	50%	265
Iced Caffè Mocha	Venti®	2%	Whip	709 mL	450	19	12	0.5	60	130	56	6	43	13	25%	2%	30%	50%	265
Iced Caffè Mocha	Venti®	Whole	No Whip	709 mL	360	11	6	0.2	25	110	53	6	41	12	10%	0%	25%	50%	265
Iced Caffè Mocha	Venti®	Whole	Whip	709 mL	470	22	13	0.5	65	125	56	6	43	13	25%	0%	30%	50%	265
Iced Caffè Mocha	Venti®	Soy	No Whip	709 mL	310	7	2.5	0	0	100	49	7	35	12	10%	0%	30%	60%	265
Iced Caffè Mocha	Venti®	Soy	Whip	709 mL	430	18	10	0.3	40	110	53	7	37	12	20%	0%	30%	60%	265
Iced Caffè Mocha	Venti®	Coconut	No Whip	709 mL	300	9	7	0	0	115	50	6	38	5	0%	0%	4%	50%	265
Iced Caffè Mocha	Venti®	Coconut	Whip	709 mL	420	20	14	0.3	40	125	53	6	41	6	15%	0%	6%	50%	265
Cappuccino	Short	Nonfat	N/A	236 mL	50	0.1	0.1	0	5	60	8	0	7	5	8%	0%	15%	0%	75
Cappuccino	Short	2%	N/A	236 mL	80	3	1.5	0.1	10	70	8	0	7	5	8%	0%	15%	0%	75
Cappuccino	Short	Whole	N/A	236 mL	90	4.5	2.5	0.1	15	60	8	0	7	5	6%	0%	15%	0%	75
Cappuccino	Short	Soy	N/A	236 mL	50	1.5	0.2	0	0	40	4	0	3	3	4%	0%	10%	6%	75
Cappuccino	Short	Coconut	N/A	236 mL	70	4	4	0	0	75	7	0	6	1	0%	0%	0%	0%	75
Cappuccino	Tall	Nonfat	N/A	354 mL	60	0.1	0.1	0	5	70	9	0	8	6	10%	0%	20%	0%	75
Cappuccino	Tall	2%	N/A	354 mL	90	3.5	1.5	0.1	15	80	9	0	8	6	10%	0%	20%	0%	75
Cappuccino	Tall	Whole	N/A	354 mL	110	6	3	0.2	15	75	9	0	8	6	8%	0%	20%	0%	75
Cappuccino	Tall	Soy	N/A	354 mL	70	3	0.4	0	0	65	7	1	4	5	6%	0%	20%	8%	75
Cappuccino	Tall	Coconut	N/A	354 mL	100	6	6	0	0	115	11	0	9	1	0%	0%	0%	0%	75
Cappuccino	Grande	Nonfat	N/A	473 mL	80	0.2	0.1	0	5	90	12	0	10	8	15%	0%	25%	0%	150
Cappuccino	Grande	2%	N/A	473 mL	120	4	2	0.1	15	100	12	0	10	8	10%	0%	25%	0%	150
Cappuccino	Grande	Whole	N/A	473 mL	140	7	4	0.2	20	90	12	0	10	7	10%	0%	20%	0%	150
Cappuccino	Grande	Soy	N/A	473 mL	100	3.5	0.4	0	0	80	9	1	5	7	8%	0%	25%	10%	150
Cappuccino	Grande	Coconut	N/A	473 mL	130	8	8	0	0	150	14	0	12	1	0%	0%	0%	0%	150
Cappuccino	Venti®	Nonfat	N/A	591 mL	110	0.2	0.2	0	5	120	16	0	14	10	20%	0%	30%	0%	150
Cappuccino	Venti®	2%	N/A	591 mL	150	6	3	0.2	25	135	16	0	14	10	15%	0%	30%	0%	150
Cappuccino	Venti®	Whole	N/A	591 mL	190	9	5	0.3	30	125	16	0	14	10	15%	0%	30%	0%	150
Cappuccino	Venti®	Soy	N/A	591 mL	120	4.5	0.5	0	0	110	11	1	7	9	10%	0%	35%	15%	150
Cappuccino	Venti®	Coconut	N/A	591 mL	170	10	10	0	0	190	18	0	15	2	0%	0%	0%	0%	150
Caramel Macchiato	Short	Nonfat	N/A	236 mL	100	1	0.5	0	5	70	16	0	15	5	10%	0%	15%	0%	75
Caramel Macchiato	Short	2%	N/A	236 mL	120	4	2.5	0.1	15	80	16	0	15	5	10%	0%	15%	0%	75
Caramel Macchiato	Short	Whole	N/A	236 mL	140	6	3.5	0.1	20	70	16	0	15	5	8%	0%	15%	0%	75
Caramel Macchiato	Short	Soy	N/A	236 mL	100	3	1	0	0	60	14	1	11	4	6%	0%	15%	8%	75
Caramel Macchiato	Short	Coconut	N/A	236 mL	100	4	3.5	0	0	70	14	0	13	1	0%	0%	0%	0%	75
Caramel Macchiato	Tall	Nonfat	N/A	354 mL	150	1.5	1	0	10	105	27	0	25	8	15%	0%	25%	0%	75
Caramel Macchiato	Tall	2%	N/A	354 mL	190	6	3.5	0.2	20	120	26	0	25	8	15%	0%	25%	0%	75
Caramel Macchiato	Tall	Whole	N/A	354 mL	210	9	5	0.2	25	110	26	0	25	8	10%	0%	25%	0%	75
Caramel Macchiato	Tall	Soy	N/A	354 mL	160	4.5	1	0	5	95	22	1	19	6	10%	0%	25%	10%	75
Caramel Macchiato	Tall	Coconut	N/A	354 mL	150	6	6	0	5	105	23	0	21	1	2%	0%	0%	0%	75



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Caramel Macchiato	Grande	Nonfat	N/A	473 mL	200	1.5	1	0	10	135	36	0	34	11	20%	0%	35%	0%	150
Caramel Macchiato	Grande	2%	N/A	473 mL	250	7	4.5	0.2	25	150	35	0	33	10	20%	2%	30%	0%	150
Caramel Macchiato	Grande	Whole	N/A	473 mL	280	11	6	0.3	35	140	35	0	33	10	15%	0%	30%	0%	150
Caramel Macchiato	Grande	Soy	N/A	473 mL	210	6	1.5	0	5	120	30	1	26	9	15%	0%	35%	15%	150
Caramel Macchiato	Grande	Coconut	N/A	473 mL	200	8	7	0	5	130	32	0	29	1	2%	0%	0%	0%	150
Caramel Macchiato	Venti*	Nonfat	N/A	591 mL	250	1.5	1	0	10	170	45	0	42	13	25%	0%	40%	0%	150
Caramel Macchiato	Venti*	2%	N/A	591 mL	310	9	6	0.3	35	190	44	0	42	13	20%	2%	40%	0%	150
Caramel Macchiato	Venti*	Whole	N/A	591 mL	350	13	8	0.4	40	170	44	0	42	12	20%	0%	40%	0%	150
Caramel Macchiato	Venti*	Soy	N/A	591 mL	260	7	1.5	0	5	150	38	1	33	11	15%	0%	40%	20%	150
Caramel Macchiato	Venti*	Coconut	N/A	591 mL	250	10	9	0	5	170	39	0	36	1	2%	0%	0%	0%	150
Iced Caramel Macchiato	Tall	Nonfat	N/A	354 mL	140	1.5	1	0	10	100	26	0	24	7	15%	0%	25%	0%	75
Iced Caramel Macchiato	Tall	2%	N/A	354 mL	180	5	3.5	0.2	20	110	26	0	24	7	10%	0%	20%	0%	75
Iced Caramel Macchiato	Tall	Whole	N/A	354 mL	200	8	4.5	0.2	25	100	26	0	24	7	10%	0%	20%	0%	75
Iced Caramel Macchiato	Tall	Soy	N/A	354 mL	160	4.5	1.5	0	5	90	22	1	19	6	10%	0%	25%	10%	75
Iced Caramel Macchiato	Tall	Coconut	N/A	354 mL	140	6	5	0	5	95	23	0	21	1	2%	0%	0%	0%	75
Iced Caramel Macchiato	Grande	Nonfat	N/A	473 mL	210	2	1.5	0	10	135	37	0	35	10	20%	0%	30%	0%	150
Iced Caramel Macchiato	Grande	2%	N/A	473 mL	250	7	4.5	0.2	25	150	37	0	34	10	15%	0%	30%	0%	150
Iced Caramel Macchiato	Grande	Whole	N/A	473 mL	280	11	6	0.3	35	140	37	0	34	9	15%	0%	30%	0%	150
Iced Caramel Macchiato	Grande	Soy	N/A	473 mL	220	6	2	0	5	125	32	1	28	8	15%	0%	30%	15%	150
Iced Caramel Macchiato	Grande	Coconut	N/A	473 mL	210	8	7	0	5	130	33	0	30	1	2%	0%	2%	0%	150
Iced Caramel Macchiato	Venti*	Nonfat	N/A	709 mL	290	2.5	1.5	0	15	180	53	0	50	14	25%	0%	45%	0%	225
Iced Caramel Macchiato	Venti*	2%	N/A	709 mL	350	9	6	0.3	35	200	53	0	49	13	25%	2%	40%	0%	225
Iced Caramel Macchiato	Venti*	Whole	N/A	709 mL	390	14	8	0.4	45	190	53	0	49	13	20%	0%	40%	0%	225
Iced Caramel Macchiato	Venti*	Soy	N/A	709 mL	310	8	2	0	5	170	47	1	40	11	15%	0%	45%	20%	225
Iced Caramel Macchiato	Venti*	Coconut	N/A	709 mL	290	10	9	0	5	170	47	0	43	2	2%	0%	2%	0%	225
Cinnamon Dolce Latte	Short	Nonfat	No Whip	236 mL	100	0.1	0.1	0	5	70	20	0	19	6	10%	0%	20%	0%	75
Cinnamon Dolce Latte	Short	Nonfat	Whip	236 mL	160	5	3.5	0.2	20	75	22	0	21	6	15%	0%	20%	0%	75
Cinnamon Dolce Latte	Short	2%	No Whip	236 mL	130	3	1.5	0.1	15	75	20	0	19	6	8%	0%	15%	0%	75
Cinnamon Dolce Latte	Short	2%	Whip	236 mL	180	8	5	0.2	30	80	22	0	20	6	15%	0%	20%	0%	75
Cinnamon Dolce Latte	Short	Whole	No Whip	236 mL	150	5	3	0.2	15	70	20	0	19	5	8%	0%	15%	0%	75
Cinnamon Dolce Latte	Short	Whole	Whip	236 mL	200	10	6	0.3	35	75	22	0	20	6	15%	0%	15%	0%	75
Cinnamon Dolce Latte	Short	Soy	No Whip	236 mL	110	2.5	0.3	0	0	60	17	1	15	5	6%	0%	20%	8%	75
Cinnamon Dolce Latte	Short	Soy	Whip	236 mL	170	8	3.5	0.2	20	65	19	1	16	5	10%	0%	20%	8%	75
Cinnamon Dolce Latte	Short	Coconut	No Whip	236 mL	110	3.5	3.5	0	0	70	18	0	17	1	0%	0%	0%	0%	75
Cinnamon Dolce Latte	Short	Coconut	Whip	236 mL	160	9	7	0.2	20	75	20	0	19	1	6%	0%	2%	0%	75
Cinnamon Dolce Latte	Tall	Nonfat	No Whip	354 mL	160	0.2	0.1	0	5	110	31	0	30	9	15%	0%	30%	0%	75
Cinnamon Dolce Latte	Tall	Nonfat	Whip	354 mL	220	6	4	0.2	30	115	33	0	31	9	25%	0%	30%	0%	75
Cinnamon Dolce Latte	Tall	2%	No Whip	354 mL	200	5	2.5	0.2	20	125	30	0	29	9	15%	0%	30%	0%	75
Cinnamon Dolce Latte	Tall	2%	Whip	354 mL	270	11	6	0.3	45	130	32	0	31	9	20%	2%	30%	0%	75
Cinnamon Dolce Latte	Tall	Whole	No Whip	354 mL	230	8	5	0.3	25	110	30	0	29	8	10%	0%	25%	0%	75
Cinnamon Dolce Latte	Tall	Whole	Whip	354 mL	290	14	9	0.4	50	120	32	0	31	9	20%	0%	30%	0%	75
Cinnamon Dolce Latte	Tall	Soy	No Whip	354 mL	170	4	0.5	0	0	95	26	1	23	7	10%	0%	30%	15%	75
Cinnamon Dolce Latte	Tall	Soy	Whip	354 mL	240	10	4.5	0.2	20	100	28	1	25	8	15%	0%	30%	15%	75
Cinnamon Dolce Latte	Tall	Coconut	No Whip	354 mL	160	6	6	0	0	110	27	0	26	1	0%	0%	0%	0%	75
Cinnamon Dolce Latte	Tall	Coconut	Whip	354 mL	230	12	9	0.2	20	115	29	0	28	1	6%	0%	2%	0%	75
Cinnamon Dolce Latte	Grande	Nonfat	No Whip	473 mL	210	0.3	0.2	0	5	135	40	0	38	11	20%	0%	35%	0%	150
Cinnamon Dolce Latte	Grande	Nonfat	Whip	473 mL	280	7	4.5	0.2	30	140	43	0	40	12	25%	0%	35%	0%	150
Cinnamon Dolce Latte	Grande	2%	No Whip	473 mL	260	6	3	0.2	25	150	40	0	38	11	20%	2%	35%	0%	150
Cinnamon Dolce Latte	Grande	2%	Whip	473 mL	330	13	8	0.4	50	160	42	0	40	12	25%	2%	35%	0%	150
Cinnamon Dolce Latte	Grande	Whole	No Whip	473 mL	300	10	6	0.3	30	140	40	0	38	11	15%	0%	35%	0%	150
Cinnamon Dolce Latte	Grande	Whole	Whip	473 mL	370	17	10	0.5	60	150	42	0	40	11	25%	0%	35%	0%	150
Cinnamon Dolce Latte	Grande	Soy	No Whip	473 mL	220	5	0.5	0	0	120	34	1	30	9	10%	0%	35%	15%	150
Cinnamon Dolce Latte	Grande	Soy	Whip	473 mL	300	12	5	0.2	25	125	37	1	32	10	20%	0%	35%	15%	150
Cinnamon Dolce Latte	Grande	Coconut	No Whip	473 mL	210	7	7	0	0	140	36	0	33	1	0%	0%	0%	0%	150
Cinnamon Dolce Latte	Grande	Coconut	Whip	473 mL	290	14	11	0.2	25	150	38	0	36	2	8%	0%	2%	0%	150
Cinnamon Dolce Latte	Venti*	Nonfat	No Whip	591 mL	270	0.3	0.2	0	10	180	51	0	49	15	25%	0%	45%	0%	150
Cinnamon Dolce Latte	Venti*	Nonfat	Whip	591 mL	340	7	4.5	0.2	35	190	54	0	51	15	35%	0%	50%	2%	150
Cinnamon Dolce Latte	Venti*	2%	No Whip	591 mL	330	8	4	0.2	35	200	50	0	48	15	25%	2%	45%	0%	150
Cinnamon Dolce Latte	Venti*	2%	Whip	591 mL	410	15	9	0.5	60	210	53	0	50	15	30%	2%	45%	0%	150



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Cinnamon Dolce Latte	Venti*	Whole	No Whip	591 mL	380	14	8	0.4	40	180	50	0	48	14	20%	0%	45%	0%	150
Cinnamon Dolce Latte	Venti*	Whole	Whip	591 mL	450	21	12	0.5	70	190	53	0	50	14	30%	0%	45%	2%	150
Cinnamon Dolce Latte	Venti*	Soy	No Whip	591 mL	280	6	1	0	0	160	43	2	38	12	15%	0%	45%	20%	150
Cinnamon Dolce Latte	Venti*	Soy	Whip	591 mL	360	13	5	0.2	25	160	46	2	40	12	25%	0%	50%	20%	150
Cinnamon Dolce Latte	Venti*	Coconut	No Whip	591 mL	270	10	9	0	0	180	45	0	42	2	0%	0%	0%	0%	150
Cinnamon Dolce Latte	Venti*	Coconut	Whip	591 mL	350	17	14	0.2	25	190	47	0	45	2	8%	0%	2%	0%	150
Espresso	Solo	N/A	N/A	N/A	5	0	0	0	0	0	1	0	0	0	0%	0%	0%	0%	75
Espresso	Doppio	N/A	N/A	N/A	10	0	0	0	0	0	2	0	0	1	0%	0%	0%	0%	150
Espresso	Triple	N/A	N/A	N/A	15	0	0	0	0	0	3	0	0	2	0%	0%	0%	0%	225
Espresso	Quad	N/A	N/A	N/A	20	0	0	0	0	0	4	0	0	2	0%	0%	0%	0%	300
Iced Espresso	Solo	N/A	N/A	N/A	5	0	0	0	0	0	1	0	0	0	0%	0%	0%	0%	75
Iced Espresso	Doppio	N/A	N/A	N/A	10	0	0	0	0	0	2	0	0	1	0%	0%	0%	0%	150
Iced Espresso	Triple	N/A	N/A	N/A	15	0	0	0	0	0	3	0	0	2	0%	0%	0%	0%	225
Iced Espresso	Quad	N/A	N/A	N/A	20	0	0	0	0	0	4	0	0	2	0%	0%	0%	0%	300
Espresso Con Panna	Solo	N/A	Whip	N/A	30	2.5	1.5	0	10	3	2	0	1	0.5	2%	0%	0%	0%	75
Espresso Con Panna	Doppio	N/A	Whip	N/A	35	2.5	1.5	0.1	10	3	3	0	1	1	2%	0%	0%	0%	150
Espresso Con Panna	Triple	N/A	Whip	N/A	40	2.5	1.5	0.1	10	0	4	0	1	1	2%	0%	0%	0%	225
Espresso Con Panna	Quad	N/A	Whip	N/A	50	2.5	1.5	0.1	10	0	5	0	1	2	2%	0%	0%	0%	300
Espresso Macchiato	Solo	Nonfat	N/A	N/A	5	0	0	0	0	2	1	0	0	0.5	0%	0%	0%	0%	75
Espresso Macchiato	Solo	2%	N/A	N/A	10	0.1	0	0	0	2	1	0	0	0.5	0%	0%	0%	0%	75
Espresso Macchiato	Solo	Whole	N/A	N/A	10	0.1	0.1	0	0	2	1	0	0	0.5	0%	0%	0%	0%	75
Espresso Macchiato	Solo	Soy	N/A	N/A	5	0.1	0	0	0	2	1	0	0	0.4	0%	0%	0%	0%	75
Espresso Macchiato	Solo	Coconut	N/A	N/A	5	0.1	0.1	0	0	2	1	0	0	0.3	0%	0%	0%	0%	75
Espresso Macchiato	Doppio	Nonfat	N/A	N/A	15	0	0	0	0	2	2	0	0	1	0%	0%	0%	0%	150
Espresso Macchiato	Doppio	2%	N/A	N/A	15	0.1	0	0	0	2	2	0	0	1	0%	0%	0%	0%	150
Espresso Macchiato	Doppio	Whole	N/A	N/A	15	0.1	0	0	0	2	2	0	0	1	0%	0%	0%	0%	150
Espresso Macchiato	Doppio	Soy	N/A	N/A	15	0.1	0	0	0	2	2	0	0	1	0%	0%	0%	0%	150
Espresso Macchiato	Doppio	Coconut	N/A	N/A	10	0.1	0.1	0	0	2	2	0	0	1	0%	0%	0%	0%	150
Espresso Macchiato	Triple	Nonfat	N/A	N/A	20	0	0	0	0	2	3	0	0	1	0%	0%	0%	0%	225
Espresso Macchiato	Triple	2%	N/A	N/A	20	0.1	0	0	0	2	3	0	0	1	0%	0%	0%	0%	225
Espresso Macchiato	Triple	Whole	N/A	N/A	20	0.1	0	0	0	2	3	0	0	1	0%	0%	0%	0%	225
Espresso Macchiato	Triple	Soy	N/A	N/A	20	0.1	0	0	0	2	3	0	0	1	0%	0%	0%	0%	225
Espresso Macchiato	Triple	Coconut	N/A	N/A	20	0.1	0.1	0	0	2	3	0	0	1	0%	0%	0%	0%	225
Espresso Macchiato	Quad	Nonfat	N/A	N/A	25	0	0	0	0	2	4	0	0	2	0%	0%	0%	0%	300
Espresso Macchiato	Quad	2%	N/A	N/A	25	0.1	0	0	0	2	4	0	0	2	0%	0%	0%	0%	300
Espresso Macchiato	Quad	Whole	N/A	N/A	25	0.1	0	0	0	2	4	0	0	2	0%	0%	0%	0%	300
Espresso Macchiato	Quad	Soy	N/A	N/A	25	0.1	0	0	0	2	4	0	0	2	0%	0%	0%	0%	300
Espresso Macchiato	Quad	Coconut	N/A	N/A	25	0.1	0.1	0	0	2	4	0	0	2	0%	0%	0%	0%	300
Flat White	Short	Nonfat	N/A	236 mL	60	0.1	0.1	0	5	70	9	0	8	6	10%	0%	20%	0%	130
Flat White	Short	2%	N/A	236 mL	90	3.5	2	0.1	15	80	9	0	8	6	10%	0%	20%	0%	130
Flat White	Short	Whole	N/A	236 mL	110	5	3	0.2	15	70	9	0	8	6	8%	0%	15%	0%	130
Flat White	Short	Soy	N/A	236 mL	70	2.5	0.3	0	0	65	6	1	4	5	6%	0%	20%	8%	130
Flat White	Short	Coconut	N/A	236 mL	60	4	3.5	0	0	70	7	0	5	1	0%	0%	0%	0%	130
Flat White	Tall	Nonfat	N/A	354 mL	100	0.2	0.2	0	5	115	15	0	13	10	15%	0%	30%	0%	130
Flat White	Tall	2%	N/A	354 mL	140	5	3.5	0.2	20	130	14	0	13	9	15%	0%	30%	0%	130
Flat White	Tall	Whole	N/A	354 mL	170	9	5	0.3	25	115	14	0	13	9	15%	0%	30%	0%	130
Flat White	Tall	Soy	N/A	354 mL	110	4	0.5	0	0	100	10	1	6	8	10%	0%	30%	15%	130
Flat White	Tall	Coconut	N/A	354 mL	100	6	6	0	0	110	11	0	9	1	0%	0%	0%	0%	130
Flat White	Grande	Nonfat	N/A	473 mL	130	0.3	0.2	0	5	150	19	0	17	12	20%	0%	40%	0%	195
Flat White	Grande	2%	N/A	473 mL	180	7	4.5	0.3	30	160	18	0	17	12	20%	2%	40%	0%	195
Flat White	Grande	Whole	N/A	473 mL	220	11	7	0.3	35	150	18	0	17	12	15%	0%	35%	0%	195
Flat White	Grande	Soy	N/A	473 mL	150	5	0.5	0	0	130	13	1	8	10	15%	0%	40%	20%	195
Flat White	Grande	Coconut	N/A	473 mL	130	8	7	0	0	140	14	0	11	1	0%	0%	0%	0%	195
Flat White	Venti*	Nonfat	N/A	591 mL	170	0.4	0.3	0	10	190	24	0	23	16	30%	0%	50%	0%	195
Flat White	Venti*	2%	N/A	591 mL	240	9	6	0.4	35	220	24	0	22	16	25%	2%	50%	0%	195
Flat White	Venti*	Whole	N/A	591 mL	290	15	9	0.4	45	200	24	0	22	15	20%	0%	45%	0%	195
Flat White	Venti*	Soy	N/A	591 mL	190	7	1	0	0	170	16	2	11	13	20%	0%	50%	25%	195
Flat White	Venti*	Coconut	N/A	591 mL	170	10	10	0	0	190	18	0	15	2	0%	0%	0%	0%	195
Latte Macchiato	Short	Nonfat	N/A	236 mL	60	0.1	0.1	0	5	70	10	0	8	6	10%	0%	20%	0%	150



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Latte Macchiato	Short	2%	N/A	236 mL	90	3.5	2	0.1	15	80	9	0	8	6	10%	0%	20%	0%	150
Latte Macchiato	Short	Whole	N/A	236 mL	110	5	3	0.2	15	70	9	0	8	6	8%	0%	15%	0%	150
Latte Macchiato	Short	Soy	N/A	236 mL	70	2.5	0.3	0	0	60	7	1	4	5	6%	0%	20%	8%	150
Latte Macchiato	Short	Coconut	N/A	236 mL	70	3.5	3.5	0	0	70	7	0	5	1	0%	0%	0%	0%	150
Latte Macchiato	Tall	Nonfat	N/A	354 mL	100	0.2	0.2	0	5	115	15	0	13	10	15%	0%	30%	0%	150
Latte Macchiato	Tall	2%	N/A	354 mL	140	5	3.5	0.2	20	130	15	0	13	9	15%	0%	30%	0%	150
Latte Macchiato	Tall	Whole	N/A	354 mL	170	9	5	0.3	25	115	15	0	13	9	15%	0%	30%	0%	150
Latte Macchiato	Tall	Soy	N/A	354 mL	110	4	0.5	0	0	100	10	1	6	8	10%	0%	30%	15%	150
Latte Macchiato	Tall	Coconut	N/A	354 mL	100	6	6	0	0	110	11	0	9	1	0%	0%	0%	0%	150
Latte Macchiato	Grande	Nonfat	N/A	473 mL	130	0.3	0.2	0	5	150	19	0	17	12	20%	0%	40%	0%	225
Latte Macchiato	Grande	2%	N/A	473 mL	190	7	4.5	0.3	30	160	19	0	17	12	20%	2%	40%	0%	225
Latte Macchiato	Grande	Whole	N/A	473 mL	220	11	6	0.3	35	150	19	0	17	12	15%	0%	35%	0%	225
Latte Macchiato	Grande	Soy	N/A	473 mL	140	5	0.5	0	0	125	13	1	8	10	15%	0%	40%	15%	225
Latte Macchiato	Grande	Coconut	N/A	473 mL	130	8	7	0	0	140	14	0	11	2	0%	0%	0%	0%	225
Latte Macchiato	Venti*	Nonfat	N/A	591 mL	170	0.4	0.3	0	10	190	25	0	23	16	30%	0%	50%	0%	225
Latte Macchiato	Venti*	2%	N/A	591 mL	240	9	6	0.4	35	210	24	0	22	16	25%	2%	50%	0%	225
Latte Macchiato	Venti*	Whole	N/A	591 mL	290	15	8	0.4	45	200	24	0	22	15	20%	0%	45%	0%	225
Latte Macchiato	Venti*	Soy	N/A	591 mL	190	7	1	0	0	170	16	2	10	13	15%	0%	50%	20%	225
Latte Macchiato	Venti*	Coconut	N/A	591 mL	170	10	10	0	0	190	18	0	15	2	0%	0%	0%	0%	225
Skinny Cinnamon Dolce Latte	Short	Nonfat	N/A	236 mL	60	0.1	0.1	0	5	80	9	0	8	6	10%	0%	20%	0%	75
Skinny Cinnamon Dolce Latte	Tall	Nonfat	N/A	354 mL	100	0.2	0.1	0	5	125	14	0	13	9	15%	0%	30%	0%	75
Skinny Cinnamon Dolce Latte	Grande	Nonfat	N/A	473 mL	120	0.3	0.2	0	5	160	19	0	16	12	20%	0%	35%	0%	150
Skinny Cinnamon Dolce Latte	Venti*	Nonfat	N/A	591 mL	160	0.3	0.2	0	10	200	24	0	21	15	25%	0%	50%	0%	150
Iced Skinny Cinnamon Dolce Latte	Tall	Nonfat	N/A	354 mL	60	0.1	0.1	0	5	80	9	0	8	6	10%	0%	20%	0%	75
Iced Skinny Cinnamon Dolce Latte	Grande	Nonfat	N/A	473 mL	80	0.2	0.1	0	5	105	12	0	10	7	10%	0%	20%	0%	150
Iced Skinny Cinnamon Dolce Latte	Venti*	Nonfat	N/A	709 mL	110	0.2	0.2	0	5	140	17	0	14	10	15%	0%	30%	0%	225
Skinny Mocha	Short	Nonfat	N/A	236 mL	80	1	0.5	0	5	70	12	2	7	7	8%	0%	15%	30%	75
Skinny Mocha	Tall	Nonfat	N/A	354 mL	130	1	1	0.1	5	115	18	3	12	11	15%	0%	30%	45%	75
Skinny Mocha	Grande	Nonfat	N/A	473 mL	160	1.5	1	0.1	5	140	24	4	15	14	20%	0%	35%	60%	150
Skinny Mocha	Venti*	Nonfat	N/A	591 mL	210	2	1.5	0.1	10	190	30	5	19	18	25%	0%	45%	70%	150
Iced Skinny Mocha	Tall	Nonfat	N/A	354 mL	90	1	0.5	0.1	5	75	13	3	7	7	8%	0%	15%	45%	75
Iced Skinny Mocha	Grande	Nonfat	N/A	473 mL	120	1.5	1	0.1	5	95	17	4	8	9	10%	0%	20%	60%	150
Iced Skinny Mocha	Venti*	Nonfat	N/A	709 mL	170	2.5	1.5	0.1	5	130	25	6	11	13	15%	0%	30%	90%	225
Starbucks Doubleshot on Ice	Tall	Nonfat	N/A	354 mL	70	0	0	0	0	35	14	0	13	3	4%	0%	8%	0%	150
Starbucks Doubleshot on Ice	Tall	2%	N/A	354 mL	80	1	1	0.1	5	35	14	0	13	3	4%	0%	8%	0%	150
Starbucks Doubleshot on Ice	Tall	Whole	N/A	354 mL	90	2	1	0.1	5	35	14	0	13	2	2%	0%	8%	0%	150
Starbucks Doubleshot on Ice	Tall	Soy	N/A	354 mL	70	1	0.1	0	0	30	13	0	11	2	2%	0%	8%	4%	150
Starbucks Doubleshot on Ice	Tall	Coconut	N/A	354 mL	70	1.5	1.5	0	0	30	13	0	12	1	0%	0%	0%	0%	150
Starbucks Doubleshot on Ice	Grande	Nonfat	N/A	473 mL	90	0	0	0	0	35	20	0	18	3	4%	0%	8%	0%	225
Starbucks Doubleshot on Ice	Grande	2%	N/A	473 mL	100	1	1	0.1	5	40	20	0	18	3	4%	0%	8%	0%	225
Starbucks Doubleshot on Ice	Grande	Whole	N/A	473 mL	110	2	1	0.1	5	35	20	0	18	3	2%	0%	8%	0%	225
Starbucks Doubleshot on Ice	Grande	Soy	N/A	473 mL	100	1	0.1	0	0	35	19	0	16	3	2%	0%	8%	4%	225
Starbucks Doubleshot on Ice	Grande	Coconut	N/A	473 mL	90	1.5	1.5	0	0	35	19	0	17	1	0%	0%	2%	0%	225
Starbucks Doubleshot on Ice	Venti*	Nonfat	N/A	709 mL	150	0.1	0.1	0	0	50	33	0	29	4	6%	0%	10%	0%	375
Starbucks Doubleshot on Ice	Venti*	2%	N/A	709 mL	170	2	1	0.1	5	55	33	0	29	4	6%	0%	10%	0%	375
Starbucks Doubleshot on Ice	Venti*	Whole	N/A	709 mL	180	3	1.5	0.1	10	50	33	0	29	4	4%	0%	10%	0%	375
Starbucks Doubleshot on Ice	Venti*	Soy	N/A	709 mL	160	1.5	0.2	0	0	45	31	0	27	4	4%	0%	10%	4%	375
Starbucks Doubleshot on Ice	Venti*	Coconut	N/A	709 mL	150	2	2	0	0	50	32	0	28	2	0%	0%	2%	0%	375
White Chocolate Mocha	Short	Nonfat	No Whip	236 mL	180	3	2.5	0	5	115	30	0	29	7	8%	0%	20%	0%	75
White Chocolate Mocha	Short	Nonfat	Whip	236 mL	230	8	6	0.2	25	120	32	0	30	7	15%	0%	25%	0%	75
White Chocolate Mocha	Short	2%	No Whip	236 mL	200	6	3.5	0.1	15	120	30	0	29	7	8%	2%	20%	0%	75
White Chocolate Mocha	Short	2%	Whip	236 mL	250	11	7	0.2	35	125	32	0	30	7	15%	2%	25%	0%	75
White Chocolate Mocha	Short	Whole	No Whip	236 mL	210	8	5	0.1	15	115	30	0	29	7	6%	0%	20%	0%	75
White Chocolate Mocha	Short	Whole	Whip	236 mL	270	13	8	0.3	35	120	32	0	30	7	15%	0%	20%	0%	75
White Chocolate Mocha	Short	Soy	No Whip	236 mL	180	5	2.5	0	5	105	28	1	25	6	6%	0%	20%	8%	75
White Chocolate Mocha	Short	Soy	Whip	236 mL	230	10	6	0.2	20	110	29	1	26	6	10%	0%	25%	8%	75
White Chocolate Mocha	Short	Coconut	No Whip	236 mL	180	6	5	0	5	115	28	0	27	3	0%	0%	6%	0%	75
White Chocolate Mocha	Short	Coconut	Whip	236 mL	230	11	9	0.2	20	120	30	0	28	3	6%	0%	8%	0%	75
White Chocolate Mocha	Tall	Nonfat	No Whip	354 mL	270	4.5	3.5	0	10	180	46	0	45	11	15%	2%	35%	0%	75



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White Chocolate Mocha	Tall	Nonfat	Whip	354 mL	330	10	7	0.2	30	190	48	0	46	12	20%	2%	35%	0%	75
White Chocolate Mocha	Tall	2%	No Whip	354 mL	300	9	6	0.1	25	190	46	0	44	11	15%	2%	35%	0%	75
White Chocolate Mocha	Tall	2%	Whip	354 mL	370	15	10	0.3	45	200	47	0	46	11	20%	2%	35%	0%	75
White Chocolate Mocha	Tall	Whole	No Whip	354 mL	330	12	8	0.2	30	180	46	0	44	11	10%	2%	35%	0%	75
White Chocolate Mocha	Tall	Whole	Whip	354 mL	390	18	12	0.4	50	190	47	0	46	11	20%	2%	35%	0%	75
White Chocolate Mocha	Tall	Soy	No Whip	354 mL	280	8	4	0	5	170	41	1	38	10	10%	2%	35%	10%	75
White Chocolate Mocha	Tall	Soy	Whip	354 mL	340	14	8	0.2	25	170	43	1	40	10	15%	2%	35%	10%	75
White Chocolate Mocha	Tall	Coconut	No Whip	354 mL	270	10	9	0	5	180	42	0	41	4	0%	2%	10%	0%	75
White Chocolate Mocha	Tall	Coconut	Whip	354 mL	330	16	12	0.2	25	180	44	0	43	4	6%	2%	10%	0%	75
White Chocolate Mocha	Grande	Nonfat	No Whip	473 mL	350	6	4.5	0	10	230	61	0	58	14	20%	2%	45%	0%	150
White Chocolate Mocha	Grande	Nonfat	Whip	473 mL	420	13	9	0.2	35	240	63	0	60	15	25%	2%	45%	0%	150
White Chocolate Mocha	Grande	2%	No Whip	473 mL	400	11	7	0.2	30	240	60	0	58	14	15%	2%	45%	0%	150
White Chocolate Mocha	Grande	2%	Whip	473 mL	470	18	12	0.4	55	250	62	0	59	14	25%	2%	45%	0%	150
White Chocolate Mocha	Grande	Whole	No Whip	473 mL	430	15	10	0.3	35	230	60	0	58	14	15%	2%	40%	0%	150
White Chocolate Mocha	Grande	Whole	Whip	473 mL	500	22	14	0.5	60	240	62	0	59	14	20%	2%	45%	0%	150
White Chocolate Mocha	Grande	Soy	No Whip	473 mL	360	10	5	0	5	210	55	1	51	12	10%	2%	45%	15%	150
White Chocolate Mocha	Grande	Soy	Whip	473 mL	430	17	10	0.2	30	220	57	1	52	13	20%	2%	45%	15%	150
White Chocolate Mocha	Grande	Coconut	No Whip	473 mL	350	12	11	0	5	230	56	0	54	5	0%	2%	10%	0%	150
White Chocolate Mocha	Grande	Coconut	Whip	473 mL	420	19	15	0.2	30	230	58	0	56	6	8%	2%	15%	0%	150
White Chocolate Mocha	Venti®	Nonfat	No Whip	591 mL	440	7	6	0	15	300	77	0	74	18	25%	2%	60%	2%	150
White Chocolate Mocha	Venti®	Nonfat	Whip	591 mL	510	14	10	0.2	40	300	79	0	76	19	30%	2%	60%	2%	150
White Chocolate Mocha	Venti®	2%	No Whip	591 mL	500	15	10	0.2	35	320	76	0	74	18	20%	4%	60%	0%	150
White Chocolate Mocha	Venti®	2%	Whip	591 mL	580	22	14	0.4	65	320	78	0	75	19	30%	4%	60%	2%	150
White Chocolate Mocha	Venti®	Whole	No Whip	591 mL	550	20	13	0.4	45	300	76	0	74	18	20%	2%	60%	2%	150
White Chocolate Mocha	Venti®	Whole	Whip	591 mL	620	27	17	0.5	70	310	78	0	75	18	25%	2%	60%	2%	150
White Chocolate Mocha	Venti®	Soy	No Whip	591 mL	460	13	6	0	5	270	69	1	64	16	15%	2%	60%	20%	150
White Chocolate Mocha	Venti®	Soy	Whip	591 mL	530	20	11	0.2	30	280	71	1	65	16	25%	2%	60%	20%	150
White Chocolate Mocha	Venti®	Coconut	No Whip	591 mL	450	16	14	0	5	290	71	0	68	6	0%	2%	15%	0%	150
White Chocolate Mocha	Venti®	Coconut	Whip	591 mL	520	23	18	0.2	30	300	73	0	70	7	8%	2%	15%	0%	150
Iced White Chocolate Mocha	Tall	Nonfat	No Whip	354 mL	230	4.5	3.5	0	5	135	41	0	40	8	8%	2%	25%	0%	75
Iced White Chocolate Mocha	Tall	Nonfat	Whip	354 mL	310	12	8	0.2	35	150	43	0	41	8	15%	2%	25%	0%	75
Iced White Chocolate Mocha	Tall	2%	No Whip	354 mL	250	7	5	0.1	15	140	41	0	39	8	8%	2%	25%	0%	75
Iced White Chocolate Mocha	Tall	2%	Whip	354 mL	330	15	10	0.3	45	150	43	0	41	8	15%	2%	25%	0%	75
Iced White Chocolate Mocha	Tall	Whole	No Whip	354 mL	270	9	6	0.1	15	140	41	0	39	7	6%	2%	25%	0%	75
Iced White Chocolate Mocha	Tall	Whole	Whip	354 mL	350	17	11	0.4	45	150	43	0	41	8	15%	2%	25%	0%	75
Iced White Chocolate Mocha	Tall	Soy	No Whip	354 mL	240	6	3.5	0	5	130	38	1	36	7	6%	2%	25%	8%	75
Iced White Chocolate Mocha	Tall	Soy	Whip	354 mL	320	14	9	0.2	35	140	41	1	38	7	15%	2%	25%	8%	75
Iced White Chocolate Mocha	Tall	Coconut	No Whip	354 mL	230	7	6	0	5	135	39	0	37	3	0%	2%	10%	0%	75
Iced White Chocolate Mocha	Tall	Coconut	Whip	354 mL	310	15	11	0.2	35	140	41	0	39	4	10%	2%	10%	0%	75
Iced White Chocolate Mocha	Grande	Nonfat	No Whip	473 mL	310	6	4.5	0	10	170	54	0	52	10	10%	2%	30%	0%	150
Iced White Chocolate Mocha	Grande	Nonfat	Whip	473 mL	420	17	12	0.3	50	190	58	0	55	11	25%	2%	35%	0%	150
Iced White Chocolate Mocha	Grande	2%	No Whip	473 mL	330	9	6	0.1	20	180	54	0	52	10	10%	2%	30%	0%	150
Iced White Chocolate Mocha	Grande	2%	Whip	473 mL	450	20	13	0.4	60	200	57	0	54	11	20%	2%	30%	0%	150
Iced White Chocolate Mocha	Grande	Whole	No Whip	473 mL	350	11	8	0.2	20	180	54	0	52	10	8%	2%	30%	0%	150
Iced White Chocolate Mocha	Grande	Whole	Whip	473 mL	470	22	15	0.5	65	190	57	0	54	10	20%	2%	30%	0%	150
Iced White Chocolate Mocha	Grande	Soy	No Whip	473 mL	320	8	5	0	5	170	51	1	48	9	6%	2%	30%	10%	150
Iced White Chocolate Mocha	Grande	Soy	Whip	473 mL	430	19	12	0.3	45	180	55	1	50	10	20%	2%	35%	10%	150
Iced White Chocolate Mocha	Grande	Coconut	No Whip	473 mL	310	9	8	0	5	170	52	0	49	5	0%	2%	10%	0%	150
Iced White Chocolate Mocha	Grande	Coconut	Whip	473 mL	420	20	15	0.3	45	180	55	0	52	5	15%	2%	15%	0%	150
Iced White Chocolate Mocha	Venti®	Nonfat	No Whip	709 mL	450	9	7	0	10	260	81	0	77	14	15%	2%	45%	0%	225
Iced White Chocolate Mocha	Venti®	Nonfat	Whip	709 mL	570	20	14	0.3	55	270	84	0	80	15	25%	2%	45%	2%	225
Iced White Chocolate Mocha	Venti®	2%	No Whip	709 mL	490	13	9	0.1	25	270	80	0	77	14	15%	4%	45%	0%	225
Iced White Chocolate Mocha	Venti®	2%	Whip	709 mL	600	24	16	0.5	65	280	84	0	79	15	25%	4%	45%	0%	225
Iced White Chocolate Mocha	Venti®	Whole	No Whip	709 mL	520	16	11	0.2	30	260	80	0	77	14	10%	2%	40%	0%	225
Iced White Chocolate Mocha	Venti®	Whole	Whip	709 mL	630	27	18	0.5	70	270	84	0	79	15	25%	2%	45%	2%	225
Iced White Chocolate Mocha	Venti®	Soy	No Whip	709 mL	470	12	7	0	10	250	77	1	71	13	10%	2%	45%	10%	225
Iced White Chocolate Mocha	Venti®	Soy	Whip	709 mL	580	23	14	0.3	50	260	80	1	74	14	20%	2%	45%	10%	225
Iced White Chocolate Mocha	Venti®	Coconut	No Whip	709 mL	450	13	12	0	10	250	77	0	73	7	0%	2%	20%	0%	225
Iced White Chocolate Mocha	Venti®	Coconut	Whip	709 mL	570	25	19	0.3	50	260	80	0	76	8	15%	2%	20%	0%	225





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<b>Tea</b>																			
Iced Black Tea	Tall	N/A	N/A	354 mL	60	0	0	0	0	5	15	0	15	0	0%	0%	0%	0%	20-25
Iced Black Tea	Grande	N/A	N/A	473 mL	80	0	0	0	0	10	20	0	20	0	0%	0%	0%	0%	25-30
Iced Black Tea	Venti*	N/A	N/A	709 mL	120	0	0	0	0	15	30	0	30	0	0%	0%	2%	0%	40-45
Iced Black Tea	Trenta	N/A	N/A	887 mL	140	0	0	0	0	20	35	0	34	0	0%	0%	2%	0%	50-55
Iced Black Tea Lemonade	Tall	N/A	N/A	354 mL	90	0	0	0	0	5	24	0	24	0.1	0%	10%	0%	0%	20-25
Iced Black Tea Lemonade	Grande	N/A	N/A	473 mL	120	0	0	0	0	5	32	0	32	0.1	0%	15%	0%	0%	25-30
Iced Black Tea Lemonade	Venti*	N/A	N/A	709 mL	190	0	0	0	0	10	48	0	47	0.1	0%	20%	2%	0%	40-45
Iced Black Tea Lemonade	Trenta	N/A	N/A	887 mL	220	0	0	0	0	10	58	0	57	0.1	0%	25%	2%	0%	50-55
Chai Tea Latte	Short	Nonfat	N/A	236 mL	100	0.1	0.1	0	0	50	22	0	21	4	6%	0%	10%	0%	50
Chai Tea Latte	Short	2%	N/A	236 mL	120	2	1	0.1	10	55	22	0	21	4	6%	0%	10%	0%	50
Chai Tea Latte	Short	Whole	N/A	236 mL	130	3.5	2	0.1	10	55	22	0	21	4	6%	0%	10%	0%	50
Chai Tea Latte	Short	Soy	N/A	236 mL	110	1.5	0.2	0	0	45	20	0	18	3	4%	0%	10%	6%	50
Chai Tea Latte	Short	Coconut	N/A	236 mL	100	2.5	2.5	0	0	50	21	0	19	1	0%	0%	0%	0%	50
Chai Tea Latte	Tall	Nonfat	N/A	354 mL	160	0.2	0.1	0	5	80	34	0	32	6	10%	0%	20%	2%	70
Chai Tea Latte	Tall	2%	N/A	354 mL	190	3.5	1.5	0.1	15	90	34	0	32	6	10%	0%	20%	2%	70
Chai Tea Latte	Tall	Whole	N/A	354 mL	200	6	3	0.2	15	80	34	0	32	6	8%	0%	20%	2%	70
Chai Tea Latte	Tall	Soy	N/A	354 mL	160	2.5	0.3	0	0	70	31	1	28	5	6%	0%	20%	10%	70
Chai Tea Latte	Tall	Coconut	N/A	354 mL	160	3.5	3.5	0	0	75	31	0	29	1	0%	0%	0%	2%	70
Chai Tea Latte	Grande	Nonfat	N/A	473 mL	210	0.2	0.1	0	5	105	45	0	43	8	15%	0%	25%	2%	95
Chai Tea Latte	Grande	2%	N/A	473 mL	240	4.5	2	0.1	20	115	45	0	42	8	10%	0%	25%	2%	95
Chai Tea Latte	Grande	Whole	N/A	473 mL	270	7	4	0.2	20	105	45	0	42	7	10%	0%	25%	2%	95
Chai Tea Latte	Grande	Soy	N/A	473 mL	220	3.5	0.4	0	0	90	41	1	37	6	8%	0%	25%	10%	95
Chai Tea Latte	Grande	Coconut	N/A	473 mL	210	4.5	4.5	0	0	95	41	0	39	1	0%	0%	0%	2%	95
Chai Tea Latte	Venti*	Nonfat	N/A	591 mL	260	0.3	0.2	0	5	135	57	0	54	10	15%	0%	35%	2%	120
Chai Tea Latte	Venti*	2%	N/A	591 mL	310	6	3	0.2	25	150	56	0	53	10	15%	2%	30%	2%	120
Chai Tea Latte	Venti*	Whole	N/A	591 mL	340	9	5	0.3	30	135	56	0	53	10	15%	0%	30%	2%	120
Chai Tea Latte	Venti*	Soy	N/A	591 mL	280	4.5	0.5	0	0	115	51	1	46	8	10%	0%	30%	15%	120
Chai Tea Latte	Venti*	Coconut	N/A	591 mL	260	6	6	0	0	120	52	0	48	1	0%	0%	0%	2%	120
Iced Chai Tea Latte	Tall	Nonfat	N/A	354 mL	150	0.2	0.1	0	5	75	33	0	31	6	10%	0%	20%	2%	70
Iced Chai Tea Latte	Tall	2%	N/A	354 mL	180	3	1.5	0.1	10	80	33	0	31	5	8%	0%	15%	2%	70
Iced Chai Tea Latte	Tall	Whole	N/A	354 mL	190	5	3	0.1	15	75	33	0	31	5	8%	0%	15%	2%	70
Iced Chai Tea Latte	Tall	Soy	N/A	354 mL	160	2.5	0.3	0	0	70	30	1	27	5	6%	0%	20%	8%	70
Iced Chai Tea Latte	Tall	Coconut	N/A	354 mL	150	3.5	3	0	0	70	31	0	29	1	0%	0%	0%	2%	70
Iced Chai Tea Latte	Grande	Nonfat	N/A	473 mL	200	0.2	0.1	0	5	100	44	0	42	8	15%	0%	25%	2%	95
Iced Chai Tea Latte	Grande	2%	N/A	473 mL	240	4	2	0.1	15	110	44	0	42	7	10%	0%	25%	2%	95
Iced Chai Tea Latte	Grande	Whole	N/A	473 mL	260	7	4	0.2	20	105	44	0	42	7	10%	0%	20%	2%	95
Iced Chai Tea Latte	Grande	Soy	N/A	473 mL	220	3.5	0.4	0	0	90	41	1	37	6	8%	0%	25%	10%	95
Iced Chai Tea Latte	Grande	Coconut	N/A	473 mL	200	4.5	4.5	0	0	95	41	0	38	1	0%	0%	0%	2%	95
Iced Chai Tea Latte	Venti*	Nonfat	N/A	709 mL	300	0.3	0.2	0	5	140	65	0	62	11	20%	0%	35%	2%	145
Iced Chai Tea Latte	Venti*	2%	N/A	709 mL	350	6	3	0.2	25	160	65	0	61	10	15%	2%	35%	2%	145
Iced Chai Tea Latte	Venti*	Whole	N/A	709 mL	380	9	5	0.3	30	140	65	0	61	10	15%	0%	30%	2%	145
Iced Chai Tea Latte	Venti*	Soy	N/A	709 mL	320	4.5	0.5	0	0	130	60	1	55	9	10%	0%	35%	15%	145
Iced Chai Tea Latte	Venti*	Coconut	N/A	709 mL	300	6	6	0	0	135	61	0	57	1	0%	0%	2%	2%	145
Earl Grey Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
Earl Grey Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
Earl Grey Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
Earl Grey Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
Emperor's Clouds and Mist Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	1-15
Emperor's Clouds and Mist Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	1-15
Emperor's Clouds and Mist Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
Emperor's Clouds and Mist Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
English Breakfast Black Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
English Breakfast Black Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
English Breakfast Black Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
English Breakfast Black Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
English Breakfast Black Tea Latte	Short	Nonfat	N/A	236 mL	80	0.1	0.1	0	0	50	15	0	15	4	6%	0%	15%	0%	40+
English Breakfast Black Tea Latte	Short	2%	N/A	236 mL	100	2	1.5	0.1	10	55	15	0	15	4	6%	0%	10%	0%	40+



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English Breakfast Black Tea Latte	Short	Whole	N/A	236 mL	110	3.5	2	0.1	10	50	15	0	15	4	6%	0%	10%	0%	40+
English Breakfast Black Tea Latte	Short	Soy	N/A	236 mL	80	1.5	0.2	0	0	40	13	0	12	3	4%	0%	10%	6%	40+
English Breakfast Black Tea Latte	Short	Coconut	N/A	236 mL	80	2.5	2.5	0	0	45	14	0	13	0.2	0%	0%	0%	0%	40+
English Breakfast Black Tea Latte	Tall	Nonfat	N/A	354 mL	110	0.1	0.1	0	5	70	23	0	23	5	10%	0%	20%	0%	40+
English Breakfast Black Tea Latte	Tall	2%	N/A	354 mL	140	3	2	0.1	15	80	23	0	23	5	8%	0%	20%	0%	40+
English Breakfast Black Tea Latte	Tall	Whole	N/A	354 mL	160	5	3	0.2	15	75	23	0	23	5	8%	0%	15%	0%	40+
English Breakfast Black Tea Latte	Tall	Soy	N/A	354 mL	120	2.5	0.3	0	0	60	20	1	18	4	6%	0%	20%	8%	40+
English Breakfast Black Tea Latte	Tall	Coconut	N/A	354 mL	120	3.5	3.5	0	0	70	20	0	20	0.4	0%	0%	0%	0%	40+
English Breakfast Black Tea Latte	Grande	Nonfat	N/A	473 mL	150	0.2	0.1	0	5	95	30	0	30	7	15%	0%	25%	0%	40+
English Breakfast Black Tea Latte	Grande	2%	N/A	473 mL	180	4	2.5	0.2	15	105	30	0	30	7	10%	0%	25%	0%	40+
English Breakfast Black Tea Latte	Grande	Whole	N/A	473 mL	210	7	4	0.2	20	95	30	0	30	7	10%	0%	20%	0%	40+
English Breakfast Black Tea Latte	Grande	Soy	N/A	473 mL	160	3	0.4	0	0	80	26	1	24	6	8%	0%	25%	10%	40+
English Breakfast Black Tea Latte	Grande	Coconut	N/A	473 mL	150	4.5	4.5	0	0	90	27	0	26	0.5	0%	0%	0%	0%	40+
English Breakfast Black Tea Latte	Venti*	Nonfat	N/A	591 mL	190	0.2	0.1	0	5	120	38	0	38	9	15%	0%	30%	0%	40+
English Breakfast Black Tea Latte	Venti*	2%	N/A	591 mL	230	5	3.5	0.2	20	135	38	0	38	9	15%	0%	30%	0%	40+
English Breakfast Black Tea Latte	Venti*	Whole	N/A	591 mL	260	9	5	0.3	25	125	38	0	38	8	15%	0%	30%	0%	40+
English Breakfast Black Tea Latte	Venti*	Soy	N/A	591 mL	200	4	0.5	0	0	105	33	1	31	7	10%	0%	30%	15%	40+
English Breakfast Black Tea Latte	Venti*	Coconut	N/A	591 mL	190	6	6	0	0	115	34	0	33	1	0%	0%	0%	0%	40+
Green Tea Latte	Short	Nonfat	N/A	236 mL	80	0.2	0.1	0	5	70	14	0	14	6	10%	4%	20%	2%	30
Green Tea Latte	Short	2%	N/A	236 mL	110	3.5	2	0.1	15	80	14	0	14	6	10%	6%	20%	2%	30
Green Tea Latte	Short	Whole	N/A	236 mL	130	6	3	0.2	15	75	14	0	14	6	8%	4%	20%	2%	30
Green Tea Latte	Short	Soy	N/A	236 mL	90	3	0.4	0	0	65	11	1	9	5	8%	4%	20%	10%	30
Green Tea Latte	Short	Coconut	N/A	236 mL	80	3.5	3.5	0	0	65	11	0	11	1	0%	4%	0%	2%	30
Green Tea Latte	Tall	Nonfat	N/A	354 mL	140	0.3	0.2	0	5	115	25	1	24	10	20%	10%	30%	4%	55
Green Tea Latte	Tall	2%	N/A	354 mL	190	5	3.5	0.2	20	125	25	1	24	10	15%	10%	30%	2%	55
Green Tea Latte	Tall	Whole	N/A	354 mL	220	9	5	0.3	25	115	25	1	24	9	15%	10%	30%	4%	55
Green Tea Latte	Tall	Soy	N/A	354 mL	160	4.5	0.5	0	0	105	20	2	17	8	10%	10%	30%	15%	55
Green Tea Latte	Tall	Coconut	N/A	354 mL	140	6	6	0	0	105	21	1	19	1	2%	10%	0%	2%	55
Green Tea Latte	Grande	Nonfat	N/A	473 mL	190	0.4	0.2	0	5	140	34	1	33	12	20%	15%	40%	4%	80
Green Tea Latte	Grande	2%	N/A	473 mL	240	7	4.5	0.3	25	160	34	1	32	12	20%	15%	40%	4%	80
Green Tea Latte	Grande	Whole	N/A	473 mL	280	11	6	0.3	35	150	34	1	32	12	20%	15%	35%	4%	80
Green Tea Latte	Grande	Soy	N/A	473 mL	210	6	0.5	0	0	130	28	3	24	10	15%	15%	40%	20%	80
Green Tea Latte	Grande	Coconut	N/A	473 mL	190	8	7	0	0	135	29	1	27	2	2%	15%	2%	4%	80
Green Tea Latte	Venti*	Nonfat	N/A	591 mL	250	0.5	0.3	0	10	190	45	2	44	16	30%	20%	50%	6%	110
Green Tea Latte	Venti*	2%	N/A	591 mL	320	9	6	0.4	35	210	45	2	43	16	25%	20%	50%	6%	110
Green Tea Latte	Venti*	Whole	N/A	591 mL	370	15	8	0.4	45	190	45	2	43	15	25%	20%	45%	6%	110
Green Tea Latte	Venti*	Soy	N/A	591 mL	280	7	1	0	0	170	38	3	32	14	20%	20%	50%	30%	110
Green Tea Latte	Venti*	Coconut	N/A	591 mL	250	10	9	0	0	180	38	2	36	2	2%	20%	2%	6%	110
Iced Green Tea Latte	Tall	Nonfat	N/A	354 mL	120	0.3	0.1	0	5	95	22	1	21	8	15%	10%	25%	4%	55
Iced Green Tea Latte	Tall	2%	N/A	354 mL	160	4.5	2.5	0.2	15	105	22	1	21	8	15%	10%	25%	2%	55
Iced Green Tea Latte	Tall	Whole	N/A	354 mL	180	7	4	0.2	20	95	22	1	21	7	10%	10%	25%	4%	55
Iced Green Tea Latte	Tall	Soy	N/A	354 mL	140	3.5	0.5	0	0	85	18	2	16	7	10%	10%	25%	15%	55
Iced Green Tea Latte	Tall	Coconut	N/A	354 mL	120	4.5	4.5	0	0	90	19	1	18	1	2%	10%	2%	2%	55
Iced Green Tea Latte	Grande	Nonfat	N/A	473 mL	170	0.4	0.2	0	5	130	32	1	31	11	20%	15%	35%	4%	80
Iced Green Tea Latte	Grande	2%	N/A	473 mL	220	6	3.5	0.2	25	140	31	1	30	11	20%	15%	35%	4%	80
Iced Green Tea Latte	Grande	Whole	N/A	473 mL	250	10	5	0.3	30	130	31	1	30	10	15%	15%	30%	4%	80
Iced Green Tea Latte	Grande	Soy	N/A	473 mL	190	5	0.5	0	0	115	27	2	23	9	15%	15%	35%	20%	80
Iced Green Tea Latte	Grande	Coconut	N/A	473 mL	170	7	6	0	0	120	27	1	25	2	2%	15%	2%	4%	80
Iced Green Tea Latte	Venti*	Nonfat	N/A	709 mL	240	0.5	0.3	0	10	180	44	2	42	15	25%	20%	50%	6%	110
Iced Green Tea Latte	Venti*	2%	N/A	709 mL	310	8	5	0.4	35	200	43	2	41	15	25%	20%	45%	6%	110
Iced Green Tea Latte	Venti*	Whole	N/A	709 mL	350	14	8	0.4	40	190	43	2	41	14	20%	20%	45%	6%	110
Iced Green Tea Latte	Venti*	Soy	N/A	709 mL	270	7	1	0	0	170	37	3	32	13	20%	20%	50%	25%	110
Iced Green Tea Latte	Venti*	Coconut	N/A	709 mL	240	9	9	0	0	170	37	2	35	2	2%	20%	2%	6%	110
Iced Green Tea	Tall	N/A	N/A	354 mL	60	0	0	0	0	5	15	0	15	0	0%	0%	0%	0%	20-25
Iced Green Tea	Grande	N/A	N/A	473 mL	80	0	0	0	0	10	20	0	20	0	0%	0%	0%	0%	25-30
Iced Green Tea	Venti*	N/A	N/A	709 mL	120	0	0	0	0	15	30	0	30	0	0%	0%	2%	0%	40-45
Iced Green Tea	Trenta	N/A	N/A	887 mL	140	0	0	0	0	20	35	0	34	0	0%	0%	2%	0%	50-55
Iced Green Tea Lemonade	Tall	N/A	N/A	354 mL	90	0	0	0	0	5	24	0	24	0.1	0%	10%	0%	0%	20-25
Iced Green Tea Lemonade	Grande	N/A	N/A	473 mL	120	0	0	0	0	5	32	0	32	0.1	0%	15%	0%	0%	25-30



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Iced Green Tea Lemonade	Venti*	N/A	N/A	709 mL	190	0	0	0	0	10	48	0	47	0.1	0%	20%	2%	0%	40-45
Iced Green Tea Lemonade	Trenta	N/A	N/A	887 mL	220	0	0	0	0	10	58	0	57	0.1	0%	25%	2%	0%	50-55
Jade Citrus Mint Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
Jade Citrus Mint Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
Jade Citrus Mint Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
Jade Citrus Mint Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	40+
London Fog Tea Latte	Short	Nonfat	N/A	236 mL	80	0.1	0.1	0	0	50	15	0	15	4	6%	0%	15%	0%	40+
London Fog Tea Latte	Short	2%	N/A	236 mL	100	2	1.5	0.1	10	55	15	0	15	4	6%	0%	10%	0%	40+
London Fog Tea Latte	Short	Whole	N/A	236 mL	110	3.5	2	0.1	10	50	15	0	15	4	6%	0%	10%	0%	40+
London Fog Tea Latte	Short	Soy	N/A	236 mL	80	1.5	0.2	0	0	40	13	0	12	3	4%	0%	10%	6%	40+
London Fog Tea Latte	Short	Coconut	N/A	236 mL	80	2.5	2.5	0	0	45	14	0	13	0.2	0%	0%	0%	0%	40+
London Fog Tea Latte	Tall	Nonfat	N/A	354 mL	110	0.1	0.1	0	5	70	23	0	23	5	10%	0%	20%	0%	40+
London Fog Tea Latte	Tall	2%	N/A	354 mL	140	3	2	0.1	15	80	23	0	23	5	8%	0%	20%	0%	40+
London Fog Tea Latte	Tall	Whole	N/A	354 mL	160	5	3	0.2	15	75	23	0	23	5	8%	0%	15%	0%	40+
London Fog Tea Latte	Tall	Soy	N/A	354 mL	120	2.5	0.3	0	0	60	20	1	18	4	6%	0%	20%	8%	40+
London Fog Tea Latte	Tall	Coconut	N/A	354 mL	120	3.5	3.5	0	0	70	20	0	20	0.4	0%	0%	0%	0%	40+
London Fog Tea Latte	Grande	Nonfat	N/A	473 mL	150	0.2	0.1	0	5	95	30	0	30	7	15%	0%	25%	0%	40+
London Fog Tea Latte	Grande	2%	N/A	473 mL	180	4	2.5	0.2	15	105	30	0	30	7	10%	0%	25%	0%	40+
London Fog Tea Latte	Grande	Whole	N/A	473 mL	210	7	4	0.2	20	95	30	0	30	7	10%	0%	20%	0%	40+
London Fog Tea Latte	Grande	Soy	N/A	473 mL	160	3	0.4	0	0	80	26	1	24	6	8%	0%	25%	10%	40+
London Fog Tea Latte	Grande	Coconut	N/A	473 mL	150	4.5	4.5	0	0	90	27	0	26	0.5	0%	0%	0%	0%	40+
London Fog Tea Latte	Venti*	Nonfat	N/A	591 mL	190	0.2	0.1	0	5	120	38	0	38	9	15%	0%	30%	0%	40+
London Fog Tea Latte	Venti*	2%	N/A	591 mL	230	5	3.5	0.2	20	135	38	0	38	9	15%	0%	30%	0%	40+
London Fog Tea Latte	Venti*	Whole	N/A	591 mL	260	9	5	0.3	25	125	38	0	38	8	15%	0%	30%	0%	40+
London Fog Tea Latte	Venti*	Soy	N/A	591 mL	200	4	0.5	0	0	105	33	1	31	7	10%	0%	30%	15%	40+
London Fog Tea Latte	Venti*	Coconut	N/A	591 mL	190	6	6	0	0	115	34	0	33	1	0%	0%	0%	0%	40+
Iced Mango Black Tea	Tall	N/A	N/A	354 mL	60	0.1	0	0	0	10	14	0	14	0	0%	0%	0%	0%	20-25
Iced Mango Black Tea	Grande	N/A	N/A	473 mL	80	0.2	0	0	0	10	19	0	19	0	0%	0%	0%	0%	25-30
Iced Mango Black Tea	Venti*	N/A	N/A	709 mL	120	0.3	0	0	0	15	29	0	28	0	0%	0%	0%	2%	40-45
Iced Mango Black Tea	Trenta	N/A	N/A	887 mL	140	0.3	0	0	0	20	34	0	33	0	0%	0%	2%	0%	50-55
Iced Mango Black Tea Lemonade	Tall	N/A	N/A	354 mL	90	0.1	0	0	0	5	24	0	23	0.1	0%	10%	0%	0%	20-25
Iced Mango Black Tea Lemonade	Grande	N/A	N/A	473 mL	120	0.2	0	0	0	10	31	0	31	0.1	0%	15%	0%	0%	25-30
Iced Mango Black Tea Lemonade	Venti*	N/A	N/A	709 mL	190	0.3	0	0	0	10	47	0	46	0.1	0%	20%	2%	0%	40-45
Iced Mango Black Tea Lemonade	Trenta	N/A	N/A	887 mL	230	0.3	0	0	0	15	58	0	57	0.1	0%	25%	2%	0%	50-55
Mint Majesty Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Mint Majesty Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Mint Majesty Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Mint Majesty Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Oprah Chai Herbal Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Oprah Chai Herbal Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Oprah Chai Herbal Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Oprah Chai Herbal Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Oprah Cinnamon Chai Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	1-15
Oprah Cinnamon Chai Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	1-15
Oprah Cinnamon Chai Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
Oprah Cinnamon Chai Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
Oprah Cinnamon Chai Latte	Short	Nonfat	N/A	236 mL	80	0.1	0.1	0	0	45	17	0	16	4	6%	0%	10%	0%	25
Oprah Cinnamon Chai Latte	Short	2%	N/A	236 mL	100	2	1.5	0.1	10	50	16	0	15	3	6%	0%	10%	0%	25
Oprah Cinnamon Chai Latte	Short	Whole	N/A	236 mL	110	3.5	2	0.1	10	50	16	0	15	3	4%	0%	10%	0%	25
Oprah Cinnamon Chai Latte	Short	Soy	N/A	236 mL	80	1.5	0.2	0	0	40	15	0	13	3	4%	0%	10%	6%	25
Oprah Cinnamon Chai Latte	Short	Coconut	N/A	236 mL	80	2.5	2.5	0	0	45	15	0	14	0.2	0%	0%	0%	0%	25
Oprah Cinnamon Chai Latte	Tall	Nonfat	N/A	354 mL	130	0.1	0.1	0	5	70	25	0	23	5	10%	0%	20%	0%	40
Oprah Cinnamon Chai Latte	Tall	2%	N/A	354 mL	150	3	2	0.1	15	80	25	0	23	5	8%	0%	20%	0%	40
Oprah Cinnamon Chai Latte	Tall	Whole	N/A	354 mL	170	5	3	0.2	15	70	25	0	23	5	8%	0%	15%	0%	40
Oprah Cinnamon Chai Latte	Tall	Soy	N/A	354 mL	130	2.5	0.3	0	0	60	22	1	19	4	6%	0%	20%	8%	40
Oprah Cinnamon Chai Latte	Tall	Coconut	N/A	354 mL	130	3.5	3.5	0	0	70	22	0	21	0.4	0%	0%	0%	0%	40
Oprah Cinnamon Chai Latte	Grande	Nonfat	N/A	473 mL	170	0.2	0.1	0	5	90	33	0	31	7	15%	0%	25%	0%	50
Oprah Cinnamon Chai Latte	Grande	2%	N/A	473 mL	200	4	2.5	0.2	15	100	33	0	31	7	10%	0%	25%	0%	50
Oprah Cinnamon Chai Latte	Grande	Whole	N/A	473 mL	220	7	4	0.2	20	95	33	0	31	7	10%	0%	20%	2%	50



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Oprah Cinnamon Chai Latte	Grande	Soy	N/A	473 mL	170	3	0.4	0	0	80	29	1	25	6	8%	0%	25%	10%	50
Oprah Cinnamon Chai Latte	Grande	Coconut	N/A	473 mL	170	4.5	4.5	0	0	90	30	0	28	0.5	0%	0%	0%	0%	50
Oprah Cinnamon Chai Latte	Venti*	Nonfat	N/A	591 mL	210	0.2	0.1	0	5	115	41	0	39	9	15%	0%	30%	0%	65
Oprah Cinnamon Chai Latte	Venti*	2%	N/A	591 mL	250	5	3.5	0.2	20	130	41	0	38	9	15%	0%	30%	0%	65
Oprah Cinnamon Chai Latte	Venti*	Whole	N/A	591 mL	280	9	5	0.3	25	120	41	0	38	8	10%	0%	25%	0%	65
Oprah Cinnamon Chai Latte	Venti*	Soy	N/A	591 mL	220	4	0.5	0	0	100	36	1	32	7	10%	0%	30%	15%	65
Oprah Cinnamon Chai Latte	Venti*	Coconut	N/A	591 mL	210	6	6	0	0	115	37	0	34	1	0%	0%	0%	0%	65
Iced Oprah Cinnamon Chai Latte	Tall	Nonfat	N/A	354 mL	120	0.1	0.1	0	5	70	24	0	23	5	10%	0%	15%	0%	40
Iced Oprah Cinnamon Chai Latte	Tall	2%	N/A	354 mL	150	3	2	0.1	10	75	24	0	23	5	8%	0%	15%	0%	40
Iced Oprah Cinnamon Chai Latte	Tall	Whole	N/A	354 mL	160	5	3	0.1	15	70	24	0	23	5	8%	0%	15%	0%	40
Iced Oprah Cinnamon Chai Latte	Tall	Soy	N/A	354 mL	130	2.5	0.3	0	0	65	22	1	19	4	6%	0%	20%	8%	40
Iced Oprah Cinnamon Chai Latte	Tall	Coconut	N/A	354 mL	120	3.5	3	0	0	65	22	0	20	0.3	0%	0%	0%	0%	40
Iced Oprah Cinnamon Chai Latte	Grande	Nonfat	N/A	473 mL	170	0.2	0.1	0	5	95	33	0	31	7	15%	0%	25%	0%	50
Iced Oprah Cinnamon Chai Latte	Grande	2%	N/A	473 mL	200	4	2.5	0.2	15	105	33	0	31	7	10%	0%	25%	0%	50
Iced Oprah Cinnamon Chai Latte	Grande	Whole	N/A	473 mL	220	7	4	0.2	20	95	33	0	31	7	10%	0%	20%	0%	50
Iced Oprah Cinnamon Chai Latte	Grande	Soy	N/A	473 mL	180	3.5	0.4	0	0	85	29	1	26	6	8%	0%	25%	10%	50
Iced Oprah Cinnamon Chai Latte	Grande	Coconut	N/A	473 mL	170	4.5	4.5	0	0	90	30	0	27	0.5	0%	0%	0%	0%	50
Iced Oprah Cinnamon Chai Latte	Venti*	Nonfat	N/A	709 mL	240	0.2	0.2	0	5	130	48	0	45	10	20%	0%	35%	0%	75
Iced Oprah Cinnamon Chai Latte	Venti*	2%	N/A	709 mL	290	6	3.5	0.2	25	150	48	0	45	10	15%	0%	30%	0%	75
Iced Oprah Cinnamon Chai Latte	Venti*	Whole	N/A	709 mL	320	9	5	0.3	30	135	48	0	45	9	15%	0%	30%	0%	75
Iced Oprah Cinnamon Chai Latte	Venti*	Soy	N/A	709 mL	260	4.5	0.5	0	0	120	43	1	38	8	10%	0%	35%	15%	75
Iced Oprah Cinnamon Chai Latte	Venti*	Coconut	N/A	709 mL	240	6	6	0	0	125	44	0	40	1	0%	0%	0%	0%	75
Passion Tango Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Passion Tango Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Passion Tango Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Passion Tango Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Iced Passion Tango tea	Tall	N/A	N/A	354 mL	60	0	0	0	0	5	15	0	15	0	0%	0%	0%	0%	0
Iced Passion Tango tea	Grande	N/A	N/A	473 mL	80	0	0	0	0	10	20	0	20	0	0%	0%	0%	0%	0
Iced Passion Tango tea	Venti*	N/A	N/A	709 mL	120	0	0	0	0	15	30	0	30	0	0%	0%	2%	0%	0
Iced Passion Tango tea	Trenta	N/A	N/A	887 mL	140	0	0	0	0	20	35	0	34	0	0%	0%	2%	0%	0
Iced Passion Tango Tea Lemonade	Tall	N/A	N/A	354 mL	90	0	0	0	0	5	24	0	24	0.1	0%	10%	0%	0%	0
Iced Passion Tango Tea Lemonade	Grande	N/A	N/A	473 mL	120	0	0	0	0	5	32	0	32	0.1	0%	15%	0%	0%	0
Iced Passion Tango Tea Lemonade	Venti*	N/A	N/A	709 mL	190	0	0	0	0	10	48	0	47	0.1	0%	20%	2%	0%	0
Iced Passion Tango Tea Lemonade	Trenta	N/A	N/A	887 mL	220	0	0	0	0	10	58	0	57	0.1	0%	25%	2%	0%	0
Peach Iced Green Tea	Tall	N/A	N/A	354 mL	60	0.1	0	0	0	0	15	0	15	0	0%	0%	0%	0%	20-25
Peach Iced Green Tea	Grande	N/A	N/A	473 mL	80	0.2	0	0	0	0	20	0	20	0	0%	0%	0%	0%	25-30
Peach Iced Green Tea	Venti*	N/A	N/A	709 mL	130	0.3	0	0	0	2	31	0	30	0	0%	0%	0%	0%	40-45
Peach Iced Green Tea	Trenta	N/A	N/A	887 mL	150	0.3	0	0	0	2	36	0	35	0	0%	0%	0%	0%	50-55
Peach Iced Green Tea Lemonade	Tall	N/A	N/A	354 mL	100	0.1	0	0	0	0	25	0	24	0.1	0%	10%	0%	0%	20-25
Peach Iced Green Tea Lemonade	Grande	N/A	N/A	473 mL	130	0.2	0	0	0	1	33	0	32	0.1	0%	15%	0%	0%	25-30
Peach Iced Green Tea Lemonade	Venti*	N/A	N/A	709 mL	190	0.3	0	0	0	2	49	0	48	0.1	0%	20%	0%	0%	40-45
Peach Iced Green Tea Lemonade	Trenta	N/A	N/A	887 mL	240	0.3	0	0	0	2	60	0	59	0.1	0%	25%	0%	0%	50-55
Peach Tranquility Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Peach Tranquility Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Peach Tranquility Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Peach Tranquility Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0
Youthberry Brewed Tea	Short	N/A	N/A	236 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	1--15
Youthberry Brewed Tea	Tall	N/A	N/A	354 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	1--15
Youthberry Brewed Tea	Grande	N/A	N/A	473 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
Youthberry Brewed Tea	Venti*	N/A	N/A	591 mL	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	16-25
<b>Starbucks Refreshers</b>																			
Cool Lime Starbucks Refreshers™ Beverage	Tall	N/A	N/A	354 mL	60	0	0	0	0	2	14	0	14	0.1	0%	90%	0%	0%	35-45
Cool Lime Starbucks Refreshers™ Beverage	Grande	N/A	N/A	473 mL	70	0	0	0	0	2	19	0	18	0.1	0%	120%	0%	0%	45-55
Cool Lime Starbucks Refreshers™ Beverage	Venti*	N/A	N/A	709 mL	110	0	0	0	0	3	28	0	27	0.2	0%	180%	0%	0%	70-85
Cool Lime Starbucks Refreshers™ Beverage	Trenta	N/A	N/A	887 mL	150	0	0	0	0	4	37	0	36	0.3	0%	240%	0%	0%	90-110
Very Berry Hibiscus Starbucks Refreshers™ Beverage	Tall	N/A	N/A	354 mL	70	0.1	0	0	0	2	18	1	15	0.1	0%	90%	0%	2%	35-45
Very Berry Hibiscus Starbucks Refreshers™ Beverage	Grande	N/A	N/A	473 mL	90	0.1	0	0	0	3	22	1	20	0.1	0%	110%	0%	2%	45-55
Very Berry Hibiscus Starbucks Refreshers™ Beverage	Venti*	N/A	N/A	709 mL	130	0.1	0	0	0	4	32	1	29	0.2	0%	170%	2%	2%	70-85



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Very Berry Hibiscus Starbucks Refreshers™ Beverage	Trenta	N/A	N/A	887 mL	180	0.2	0	0	0	5	44	3	40	0.3	0%	230%	2%	2%	90-110
<b>Smoothies</b>																			
Chocolate Smoothie	Grande	Nonfat	N/A	473 mL	300	2.5	1.5	0	5	160	53	8	34	20	10%	15%	20%	25%	20
Chocolate Smoothie	Grande	2%	N/A	473 mL	320	5	3	0.1	15	170	53	8	34	20	10%	15%	20%	25%	20
Chocolate Smoothie	Grande	Whole	N/A	473 mL	340	7	4	0.1	15	160	53	8	34	20	8%	15%	20%	25%	20
Chocolate Smoothie	Grande	Soy	N/A	473 mL	310	4.5	1.5	0	5	150	51	9	31	19	6%	15%	20%	35%	20
Chocolate Smoothie	Grande	Coconut	N/A	473 mL	290	5	4	0	5	150	51	8	32	15	0%	15%	4%	25%	20
Orange Mango Smoothie	Grande	Nonfat	N/A	473 mL	260	1	0.3	0	5	120	54	6	37	16	50%	80%	10%	6%	0
Orange Mango Smoothie	Grande	2%	N/A	473 mL	270	1.5	0.5	0	5	125	53	6	37	16	50%	80%	10%	6%	0
Orange Mango Smoothie	Grande	Whole	N/A	473 mL	280	2.5	1	0	5	120	53	6	37	16	50%	80%	8%	6%	0
Orange Mango Smoothie	Grande	Soy	N/A	473 mL	270	1.5	0.4	0	5	120	53	6	36	15	50%	80%	10%	8%	0
Orange Mango Smoothie	Grande	Coconut	N/A	473 mL	260	1.5	1	0	5	120	53	6	36	14	45%	80%	4%	6%	0
Strawberry Smoothie	Grande	Nonfat	N/A	473 mL	290	1	0.3	0	5	125	60	7	41	16	4%	35%	10%	10%	0
Strawberry Smoothie	Grande	2%	N/A	473 mL	300	2	1	0	5	130	60	7	41	16	4%	35%	10%	10%	0
Strawberry Smoothie	Grande	Whole	N/A	473 mL	300	2.5	1	0	10	125	60	7	41	15	4%	35%	10%	10%	0
Strawberry Smoothie	Grande	Soy	N/A	473 mL	290	1.5	0.4	0	5	125	59	7	40	15	2%	35%	10%	15%	0
Strawberry Smoothie	Grande	Coconut	N/A	473 mL	290	2	1	0	5	125	59	7	41	14	0%	35%	6%	10%	0
<b>Frappuccino® Blended Coffee</b>																			
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	200	0.1	0.1	0	0	150	47	0	46	3	4%	0%	8%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	280	8	5	0.2	30	160	50	0	48	3	15%	0%	10%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	210	1.5	1	0	5	160	47	0	46	3	4%	0%	8%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	290	10	6	0.3	35	170	50	0	48	3	15%	0%	10%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	220	2.5	1.5	0.1	10	150	47	0	46	3	4%	0%	8%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	300	11	6	0.3	35	160	50	0	48	3	15%	0%	10%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	200	1.5	0.2	0	0	150	46	0	44	2	4%	0%	10%	4%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	290	9	5	0.2	30	160	48	0	46	3	10%	0%	10%	4%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	200	1.5	1.5	0	0	150	47	0	45	0.4	0%	0%	0%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	280	10	7	0.2	30	160	49	0	47	1	10%	0%	2%	0%	65
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	290	0.1	0.1	0	0	220	69	0	67	4	6%	0%	10%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	400	11	7	0.3	45	230	72	0	69	4	20%	0%	15%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	300	2	1	0.1	10	220	68	0	67	4	6%	0%	10%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	420	13	8	0.4	50	230	72	0	69	4	20%	0%	15%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	310	3	2	0.1	10	220	68	0	67	3	4%	0%	10%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	430	14	9	0.4	50	230	72	0	69	4	15%	0%	10%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	290	1.5	0.2	0	0	210	67	1	64	3	4%	0%	10%	6%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	410	13	7	0.3	40	220	70	1	67	4	15%	0%	15%	6%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	290	2	2	0	0	210	68	0	66	0.5	0%	0%	0%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	400	13	9	0.3	40	220	71	0	69	1	15%	0%	2%	0%	95
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	370	0.2	0.1	0	5	290	88	0	86	5	8%	0%	15%	2%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	490	11	7	0.3	45	300	92	0	88	6	20%	0%	20%	2%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	400	3	1.5	0.1	10	290	88	0	86	5	8%	0%	15%	2%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	510	14	8	0.4	55	300	91	0	88	6	20%	0%	20%	2%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	410	5	2.5	0.1	15	290	88	0	86	5	6%	0%	15%	2%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	530	16	10	0.5	55	300	91	0	88	6	20%	0%	15%	2%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	380	2.5	0.3	0	0	280	86	1	82	4	6%	0%	15%	8%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	500	14	7	0.3	40	290	89	1	85	5	20%	0%	20%	8%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	380	3	3	0	0	280	87	0	84	1	0%	0%	0%	0%	125
Caffè Vanilla Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	490	14	10	0.3	40	290	90	0	87	1	15%	0%	2%	0%	125
Caramel Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	180	0.1	0	0	0	160	42	0	42	3	4%	0%	10%	0%	70
Caramel Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	280	9	5	0.2	35	180	47	0	47	3	15%	0%	10%	0%	70
Caramel Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	190	1.5	1	0.1	5	170	42	0	42	3	4%	0%	10%	0%	70
Caramel Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	290	10	6	0.3	40	180	47	0	46	3	15%	0%	10%	0%	70
Caramel Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	200	2.5	1.5	0.1	10	160	42	0	42	3	4%	0%	8%	0%	70
Caramel Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	300	11	7	0.3	40	180	47	0	46	3	15%	0%	10%	0%	70
Caramel Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	190	1.5	0.2	0	0	160	41	0	40	2	4%	0%	10%	4%	70
Caramel Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	280	10	6	0.2	30	170	46	0	45	3	15%	0%	10%	4%	70
Caramel Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	180	2	1.5	0	0	160	41	0	40	0.4	0%	0%	0%	0%	70



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Caramel Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	280	10	7	0.2	30	170	46	0	45	1	10%	0%	2%	0%	70
Caramel Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	260	0.1	0.1	0	0	230	60	0	60	4	6%	0%	10%	0%	100
Caramel Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	390	12	8	0.3	45	240	67	0	66	4	20%	0%	15%	0%	100
Caramel Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	270	2	1.5	0.1	10	230	60	0	60	4	6%	0%	10%	0%	100
Caramel Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	410	14	9	0.4	50	250	67	0	66	4	20%	0%	15%	0%	100
Caramel Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	280	3.5	2	0.1	10	230	60	0	60	3	4%	0%	10%	0%	100
Caramel Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	420	15	9	0.4	55	250	67	0	66	4	20%	0%	15%	0%	100
Caramel Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	260	1.5	0.2	0	0	220	59	0	57	3	4%	0%	10%	6%	100
Caramel Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	400	14	8	0.3	45	240	65	0	63	4	15%	0%	15%	6%	100
Caramel Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	260	2	2	0	0	220	59	0	58	0.5	0%	0%	0%	0%	100
Caramel Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	390	14	10	0.3	45	240	65	0	64	1	15%	0%	2%	0%	100
Caramel Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	340	0.1	0.1	0	5	300	79	0	78	5	10%	0%	20%	2%	130
Caramel Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	470	12	8	0.3	45	320	85	0	84	6	25%	0%	20%	2%	130
Caramel Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	360	3	2	0.1	10	310	78	0	78	5	8%	0%	20%	2%	130
Caramel Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	500	15	9	0.5	55	330	85	0	84	6	20%	0%	20%	2%	130
Caramel Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	380	5	3	0.1	15	300	78	0	78	5	8%	0%	15%	2%	130
Caramel Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	510	17	10	0.5	60	320	85	0	84	6	20%	0%	20%	2%	130
Caramel Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	350	2.5	0.3	0	0	290	76	1	74	5	6%	0%	20%	8%	130
Caramel Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	480	14	8	0.3	45	310	83	1	80	5	20%	0%	20%	8%	130
Caramel Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	340	3.5	3	0	0	300	76	0	75	1	0%	0%	2%	0%	130
Caramel Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	470	15	11	0.3	45	320	83	0	81	1	15%	0%	4%	0%	130
Coffee Frappuccino® Blended Beverage	Tall	Nonfat	N/A	354 mL	160	0.1	0	0	0	160	36	0	36	3	4%	0%	10%	0%	70
Coffee Frappuccino® Blended Beverage	Tall	2%	N/A	354 mL	170	1.5	1	0	5	160	36	0	36	3	4%	0%	8%	0%	70
Coffee Frappuccino® Blended Beverage	Tall	Whole	N/A	354 mL	180	2.5	1.5	0.1	10	160	36	0	36	3	4%	0%	8%	0%	70
Coffee Frappuccino® Blended Beverage	Tall	Soy	N/A	354 mL	160	1.5	0.2	0	0	150	35	0	34	2	4%	0%	10%	4%	70
Coffee Frappuccino® Blended Beverage	Tall	Coconut	N/A	354 mL	160	2	1.5	0	0	150	36	0	35	0.4	0%	0%	0%	0%	70
Coffee Frappuccino® Blended Beverage	Grande	Nonfat	N/A	473 mL	220	0.1	0.1	0	0	210	51	0	50	4	6%	0%	10%	0%	95
Coffee Frappuccino® Blended Beverage	Grande	2%	N/A	473 mL	230	2	1	0.1	10	220	50	0	50	3	6%	0%	10%	0%	95
Coffee Frappuccino® Blended Beverage	Grande	Whole	N/A	473 mL	240	3	2	0.1	10	220	50	0	50	3	4%	0%	10%	0%	95
Coffee Frappuccino® Blended Beverage	Grande	Soy	N/A	473 mL	220	1.5	0.2	0	0	210	49	0	47	3	4%	0%	10%	6%	95
Coffee Frappuccino® Blended Beverage	Grande	Coconut	N/A	473 mL	220	2	2	0	0	210	50	0	49	0.5	0%	0%	0%	0%	95
Coffee Frappuccino® Blended Beverage	Venti®	Nonfat	N/A	709 mL	310	0.1	0.1	0	5	300	70	0	69	6	10%	0%	20%	2%	130
Coffee Frappuccino® Blended Beverage	Venti®	2%	N/A	709 mL	330	3	1.5	0.1	10	310	70	0	69	5	8%	0%	15%	2%	130
Coffee Frappuccino® Blended Beverage	Venti®	Whole	N/A	709 mL	350	5	3	0.2	15	300	70	0	69	5	8%	0%	15%	2%	130
Coffee Frappuccino® Blended Beverage	Venti®	Soy	N/A	709 mL	310	2.5	0.3	0	0	300	68	1	66	5	6%	0%	20%	8%	130
Coffee Frappuccino® Blended Beverage	Venti®	Coconut	N/A	709 mL	310	3.5	3	0	0	300	69	0	68	1	0%	0%	0%	0%	135
Espresso Frappuccino® Blended Beverage	Tall	Nonfat	N/A	354 mL	150	0	0	0	0	135	34	0	33	2	2%	0%	6%	0%	130
Espresso Frappuccino® Blended Beverage	Tall	2%	N/A	354 mL	150	1	0.5	0	5	140	34	0	33	2	2%	0%	6%	0%	130
Espresso Frappuccino® Blended Beverage	Tall	Whole	N/A	354 mL	160	1.5	1	0	5	140	34	0	33	2	2%	0%	6%	0%	130
Espresso Frappuccino® Blended Beverage	Tall	Soy	N/A	354 mL	150	1	0.1	0	0	135	33	0	31	2	2%	0%	6%	2%	130
Espresso Frappuccino® Blended Beverage	Tall	Coconut	N/A	354 mL	150	1	1	0	0	135	34	0	32	1	0%	0%	0%	0%	130
Espresso Frappuccino® Blended Beverage	Grande	Nonfat	N/A	473 mL	210	0.1	0	0	0	200	50	0	49	3	4%	0%	8%	0%	165
Espresso Frappuccino® Blended Beverage	Grande	2%	N/A	473 mL	220	1.5	0.5	0	5	210	50	0	48	3	4%	0%	8%	0%	165
Espresso Frappuccino® Blended Beverage	Grande	Whole	N/A	473 mL	230	2.5	1.5	0.1	5	200	50	0	48	3	4%	0%	8%	0%	165
Espresso Frappuccino® Blended Beverage	Grande	Soy	N/A	473 mL	220	1	0.1	0	0	200	49	0	47	3	2%	0%	8%	4%	165
Espresso Frappuccino® Blended Beverage	Grande	Coconut	N/A	473 mL	220	1.5	1.5	0	0	200	50	0	48	1	0%	0%	0%	0%	165
Espresso Frappuccino® Blended Beverage	Venti®	Nonfat	N/A	709 mL	280	0.1	0.1	0	0	270	65	0	63	5	8%	0%	15%	2%	185
Espresso Frappuccino® Blended Beverage	Venti®	2%	N/A	709 mL	300	2.5	1	0.1	10	280	65	0	63	5	6%	0%	15%	0%	185
Espresso Frappuccino® Blended Beverage	Venti®	Whole	N/A	709 mL	310	4	2	0.1	10	270	65	0	63	4	6%	0%	15%	2%	185
Espresso Frappuccino® Blended Beverage	Venti®	Soy	N/A	709 mL	290	2	0.3	0	0	270	63	1	60	4	4%	0%	15%	6%	185
Espresso Frappuccino® Blended Beverage	Venti®	Coconut	N/A	709 mL	280	2.5	2.5	0	0	270	64	0	62	1	0%	0%	0%	0%	185
Java Chip Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	230	3	2	0	0	180	47	2	44	4	4%	0%	10%	20%	75
Java Chip Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	320	11	7	0.3	30	190	51	2	47	4	15%	0%	10%	20%	75
Java Chip Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	240	4.5	3	0.1	5	180	47	2	44	4	4%	0%	10%	20%	75
Java Chip Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	330	12	8	0.3	35	190	51	2	47	4	15%	0%	10%	20%	75
Java Chip Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	250	5	3.5	0.1	10	180	47	2	44	4	4%	0%	10%	20%	75
Java Chip Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	340	13	9	0.3	35	190	51	2	47	4	15%	0%	10%	20%	75
Java Chip Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	230	4	2.5	0	0	180	46	2	42	3	4%	0%	10%	25%	75
Java Chip Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	320	12	7	0.3	30	180	50	2	45	4	10%	0%	10%	25%	75



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Java Chip Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	230	4.5	3.5	0	0	180	46	2	43	1	0%	0%	2%	20%	75
Java Chip Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	320	13	9	0.3	30	180	50	2	46	2	10%	0%	2%	20%	75
Java Chip Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	320	4	3	0	0	250	68	2	63	5	6%	0%	10%	30%	110
Java Chip Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	440	15	10	0.4	45	260	72	2	67	6	20%	0%	15%	30%	110
Java Chip Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	340	6	4.5	0.1	10	260	68	2	63	5	6%	0%	10%	30%	110
Java Chip Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	460	17	11	0.4	50	270	72	2	66	6	20%	0%	15%	30%	110
Java Chip Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	350	7	5	0.1	10	250	68	2	63	5	4%	0%	10%	30%	110
Java Chip Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	470	18	12	0.5	50	260	72	2	66	6	15%	0%	15%	30%	110
Java Chip Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	330	6	3.5	0	0	250	66	3	61	5	4%	0%	15%	35%	110
Java Chip Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	450	17	10	0.4	40	260	71	3	64	5	15%	0%	15%	35%	110
Java Chip Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	320	6	5	0	0	250	66	2	61	2	0%	0%	2%	30%	110
Java Chip Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	440	17	12	0.4	40	260	71	3	66	3	15%	0%	4%	30%	110
Java Chip Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	440	6	4	0	5	340	91	3	85	7	10%	0%	20%	40%	145
Java Chip Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	560	17	11	0.4	45	350	96	3	89	8	20%	0%	20%	40%	145
Java Chip Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	460	8	6	0.2	10	350	91	3	85	7	8%	0%	20%	40%	145
Java Chip Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	580	20	13	0.5	55	360	96	3	88	8	20%	0%	20%	40%	145
Java Chip Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	480	10	7	0.2	15	340	91	3	85	7	8%	0%	20%	40%	145
Java Chip Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	600	22	14	0.5	55	360	96	3	88	8	20%	0%	20%	40%	145
Java Chip Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	450	8	4.5	0	0	340	89	4	81	7	6%	0%	20%	45%	145
Java Chip Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	570	19	11	0.4	40	350	93	4	85	7	20%	0%	20%	50%	145
Java Chip Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	440	9	7	0	0	340	89	3	82	3	0%	0%	2%	40%	145
Java Chip Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	560	20	14	0.4	40	350	94	3	87	4	15%	0%	4%	40%	145
Mocha Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	190	0.5	0.4	0	0	160	42	1	40	3	4%	0%	10%	8%	75
Mocha Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	270	9	5	0.2	30	170	45	1	42	4	15%	0%	10%	8%	75
Mocha Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	200	2	1.5	0.1	5	160	42	1	40	3	4%	0%	10%	8%	75
Mocha Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	280	10	6	0.3	35	170	44	1	42	4	15%	0%	10%	8%	75
Mocha Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	210	3	2	0.1	10	160	42	1	40	3	4%	0%	10%	8%	75
Mocha Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	290	11	7	0.3	35	170	44	1	42	4	15%	0%	10%	8%	75
Mocha Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	190	2	0.5	0	0	160	41	1	38	3	4%	0%	10%	10%	75
Mocha Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	270	10	5	0.2	30	160	43	1	40	3	10%	0%	10%	10%	75
Mocha Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	190	2	2	0	0	160	41	1	39	1	0%	0%	0%	8%	75
Mocha Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	270	10	7	0.2	30	160	43	1	41	1	10%	0%	2%	8%	75
Mocha Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	270	1	0.5	0	0	230	61	1	59	5	6%	0%	10%	10%	110
Mocha Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	390	12	8	0.3	45	240	65	1	61	5	20%	0%	15%	10%	110
Mocha Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	290	3	1.5	0.1	10	230	61	1	58	4	6%	0%	10%	10%	110
Mocha Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	400	14	9	0.4	50	240	65	1	61	5	20%	0%	15%	10%	110
Mocha Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	300	4	2.5	0.1	10	230	61	1	58	4	4%	0%	10%	10%	110
Mocha Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	410	15	9	0.4	50	240	65	1	61	5	15%	0%	15%	10%	110
Mocha Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	280	2.5	0.5	0	0	220	60	2	56	4	4%	0%	15%	15%	110
Mocha Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	390	14	8	0.3	40	230	63	2	58	5	15%	0%	15%	15%	110
Mocha Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	270	3	2.5	0	0	220	60	1	57	1	0%	0%	2%	10%	110
Mocha Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	390	14	9	0.3	40	230	63	1	60	2	15%	0%	4%	10%	110
Mocha Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	360	1	0.5	0	5	300	81	2	77	7	10%	0%	20%	15%	140
Mocha Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	480	12	8	0.3	45	320	84	2	80	7	20%	0%	20%	15%	140
Mocha Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	390	4	2.5	0.1	10	310	81	2	77	7	8%	0%	20%	15%	140
Mocha Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	500	15	9	0.5	55	320	84	2	80	7	20%	0%	20%	15%	140
Mocha Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	400	6	3.5	0.1	15	310	81	2	77	6	8%	0%	15%	15%	140
Mocha Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	520	17	10	0.5	55	320	84	2	80	7	20%	0%	20%	15%	140
Mocha Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	370	3.5	1	0	0	300	79	2	74	6	6%	0%	20%	25%	140
Mocha Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	490	15	8	0.3	40	310	82	2	76	6	20%	0%	20%	25%	140
Mocha Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	360	4	3.5	0	0	300	79	2	75	2	0%	0%	2%	15%	140
Mocha Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	470	15	11	0.3	40	310	82	2	78	2	15%	0%	4%	15%	140
<b>Frappuccino® Light Blended Coffee</b>																			
Caffè Vanilla Frappuccino® Light Blended Beverage	Tall	Nonfat	N/A	354 mL	140	0.1	0.1	0	0	150	31	0	30	3	4%	0%	8%	0%	65
Caffè Vanilla Frappuccino® Light Blended Beverage	Grande	Nonfat	N/A	473 mL	190	0.1	0.1	0	0	210	43	0	41	3	6%	0%	10%	0%	95
Caffè Vanilla Frappuccino® Light Blended Beverage	Venti®	Nonfat	N/A	709 mL	250	0.2	0.1	0	5	280	58	1	55	5	8%	0%	15%	2%	125
Caramel Frappuccino® Light Blended Beverage	Tall	Nonfat	N/A	354 mL	100	0.1	0	0	0	140	23	0	23	3	4%	0%	8%	0%	65
Caramel Frappuccino® Light Blended Beverage	Grande	Nonfat	N/A	473 mL	150	0.1	0.1	0	0	200	33	0	32	3	6%	0%	10%	0%	90



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Caramel Frappuccino® Light Blended Beverage	Venti®	Nonfat	N/A	709 mL	200	0.1	0.1	0	5	270	44	0	43	5	8%	0%	15%	2%	120
Coffee Frappuccino® Light Blended Beverage	Tall	Nonfat	N/A	354 mL	90	0.1	0	0	0	160	20	0	19	3	4%	0%	10%	0%	70
Coffee Frappuccino® Light Blended Beverage	Grande	Nonfat	N/A	473 mL	120	0.1	0.1	0	0	210	26	0	26	3	6%	0%	10%	0%	95
Coffee Frappuccino® Light Blended Beverage	Venti®	Nonfat	N/A	709 mL	160	0.1	0.1	0	5	270	34	0	33	5	8%	0%	15%	2%	120
Espresso Frappuccino® Light Blended Beverage	Tall	Nonfat	N/A	354 mL	80	0	0	0	0	130	17	0	16	2	2%	0%	6%	0%	125
Espresso Frappuccino® Light Blended Beverage	Grande	Nonfat	N/A	473 mL	120	0.1	0	0	0	190	26	0	24	3	4%	0%	8%	0%	155
Espresso Frappuccino® Light Blended Beverage	Venti®	Nonfat	N/A	709 mL	160	0.1	0.1	0	0	270	35	0	34	5	8%	0%	15%	2%	190
Java Chip Light Frappuccino® Blended Beverage	Tall	Nonfat	N/A	354 mL	160	3	2	0	0	170	30	2	27	4	4%	0%	10%	20%	75
Java Chip Light Frappuccino® Blended Beverage	Grande	Nonfat	N/A	473 mL	230	4	3	0	0	250	43	2	39	5	6%	0%	10%	30%	110
Java Chip Light Frappuccino® Blended Beverage	Venti®	Nonfat	N/A	709 mL	300	5	4	0	5	330	58	3	52	7	8%	0%	20%	40%	140
Mocha Light Frappuccino® Blended Beverage	Tall	Nonfat	N/A	354 mL	120	0.5	0.4	0	0	150	24	1	23	3	4%	0%	10%	8%	70
Mocha Light Frappuccino® Blended Beverage	Grande	Nonfat	N/A	473 mL	160	1	0.5	0	0	200	33	1	30	4	6%	0%	10%	10%	95
Mocha Light Frappuccino® Blended Beverage	Venti®	Nonfat	N/A	709 mL	220	1	0.5	0	5	290	46	2	42	6	8%	0%	15%	15%	130
<b>Frappuccino® Blended Crème</b>																			
Blended Strawberry Lemonade	Tall	N/A	N/A	354 mL	160	0.1	0	0	0	120	40	0	39	0.2	0%	15%	2%	2%	0
Blended Strawberry Lemonade	Grande	N/A	N/A	473 mL	200	0.1	0	0	0	160	52	1	50	0.3	0%	20%	2%	4%	0
Blended Strawberry Lemonade	Venti®	N/A	N/A	709 mL	280	0.1	0	0	0	210	71	1	69	0.4	0%	30%	2%	4%	0
Chai Crème Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	140	0.1	0.1	0	0	150	33	0	32	4	6%	0%	10%	0%	20
Chai Crème Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	230	8	5	0.2	30	160	35	0	34	4	15%	0%	15%	0%	20
Chai Crème Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	160	2	1	0.1	10	160	32	0	32	3	6%	0%	10%	0%	20
Chai Crème Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	240	10	6	0.3	40	170	35	0	34	4	15%	0%	15%	0%	20
Chai Crème Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	170	3.5	2	0.1	10	150	32	0	32	3	4%	0%	10%	0%	20
Chai Crème Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	250	11	7	0.3	40	160	35	0	34	4	15%	0%	10%	0%	20
Chai Crème Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	150	1.5	0.2	0	0	150	31	0	29	3	4%	0%	10%	6%	20
Chai Crème Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	230	10	5	0.2	30	160	33	1	31	3	15%	0%	15%	6%	20
Chai Crème Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	140	2	2	0	0	150	31	0	30	0.3	0%	0%	0%	0%	20
Chai Crème Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	220	10	7	0.2	30	160	33	0	32	1	10%	0%	2%	0%	20
Chai Crème Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	210	0.1	0.1	0	5	210	49	0	48	5	8%	0%	15%	0%	40
Chai Crème Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	330	11	7	0.3	45	220	53	0	50	5	20%	0%	15%	0%	40
Chai Crème Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	230	2.5	1.5	0.1	10	220	49	0	48	4	8%	0%	15%	0%	40
Chai Crème Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	350	14	8	0.4	50	230	52	0	50	5	20%	0%	15%	0%	40
Chai Crème Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	250	4	2.5	0.1	15	210	49	0	48	4	6%	0%	15%	0%	40
Chai Crème Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	360	15	9	0.5	55	220	52	0	50	5	20%	0%	15%	0%	40
Chai Crème Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	220	2	0.3	0	0	210	47	1	45	4	6%	0%	15%	8%	40
Chai Crème Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	340	13	7	0.3	40	220	50	1	47	4	20%	0%	15%	8%	40
Chai Crème Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	210	2.5	2.5	0	0	210	47	0	46	1	0%	0%	0%	0%	40
Chai Crème Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	330	14	10	0.3	40	220	50	0	49	1	15%	0%	2%	0%	40
Chai Crème Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	290	0.2	0.1	0	5	310	66	0	65	7	15%	0%	25%	2%	40
Chai Crème Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	410	11	7	0.3	45	320	70	0	67	8	25%	0%	25%	2%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	330	4	2	0.1	15	320	66	0	65	7	10%	0%	25%	0%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	440	15	9	0.5	60	330	69	0	67	8	25%	2%	25%	2%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	350	7	4	0.2	20	310	66	0	65	7	10%	0%	20%	2%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	460	18	11	0.5	60	320	69	0	67	7	20%	0%	25%	2%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	300	3.5	0.4	0	0	300	63	1	60	6	8%	0%	25%	10%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	420	14	7	0.3	40	310	66	1	62	7	20%	0%	25%	10%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	290	4.5	4	0	0	300	63	0	61	1	0%	0%	0%	0%	45
Chai Crème Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	400	16	11	0.3	40	310	66	0	64	1	15%	0%	2%	0%	45
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	200	3	2.5	0	0	190	39	2	36	5	6%	0%	15%	20%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	280	11	7	0.3	30	200	42	2	39	5	15%	0%	15%	25%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	210	5	3.5	0.1	10	190	38	2	35	5	6%	0%	15%	20%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	300	13	9	0.3	40	200	42	2	38	5	15%	0%	15%	25%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	220	6	4	0.1	10	190	38	2	35	4	6%	0%	10%	20%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	310	14	9	0.4	40	200	42	2	38	5	15%	0%	15%	25%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	200	4.5	2.5	0	0	180	37	2	33	4	4%	0%	15%	25%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	290	13	7	0.3	30	190	40	2	36	5	15%	0%	15%	30%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	200	5	4.5	0	0	190	37	2	34	1	0%	0%	2%	20%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	280	13	9	0.3	30	190	41	2	37	2	10%	0%	2%	20%	10
Double Chocolatey Chip Crème Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	270	4	3	0	5	250	53	2	49	6	8%	0%	15%	30%	15





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Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	390	15	10	0.4	45	270	58	2	52	7	20%	0%	20%	30%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	290	7	5	0.1	10	260	53	2	49	6	8%	0%	15%	30%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	410	18	12	0.5	50	270	57	2	52	7	20%	0%	20%	30%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	300	8	6	0.2	15	260	53	2	49	6	6%	0%	15%	30%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	420	20	13	0.5	55	270	57	2	52	7	20%	0%	15%	30%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	270	6	3.5	0	0	250	51	3	45	5	6%	0%	15%	35%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	400	17	10	0.4	40	260	55	3	49	6	20%	0%	20%	35%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	270	7	6	0	0	250	51	2	46	2	0%	0%	2%	30%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	390	18	13	0.4	40	260	56	3	51	3	15%	0%	4%	30%	15
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	360	6	4	0	5	350	71	3	66	9	10%	0%	25%	40%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	480	17	11	0.4	45	360	76	3	69	9	25%	0%	25%	40%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	390	9	7	0.2	15	360	71	3	65	9	10%	0%	25%	40%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	510	21	14	0.5	55	370	76	3	69	9	25%	2%	25%	40%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	410	12	8	0.2	20	350	71	3	65	8	10%	0%	20%	40%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	540	23	15	0.5	60	360	76	3	69	9	20%	0%	25%	40%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	370	8	4.5	0	0	340	68	4	61	8	8%	0%	25%	50%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	490	20	12	0.4	40	350	72	4	64	8	20%	0%	25%	50%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	360	10	8	0	0	340	68	3	62	3	0%	0%	2%	40%	20
Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	480	21	15	0.4	40	350	73	3	67	3	15%	0%	4%	40%	20
Green Tea Crème Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	210	0.2	0.1	0	0	170	47	1	46	4	6%	10%	15%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	290	8	5	0.2	30	170	50	1	48	5	15%	10%	15%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	230	2.5	1.5	0.1	10	170	47	1	46	4	6%	10%	15%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	310	10	6	0.3	40	180	50	1	48	5	15%	10%	15%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	240	3.5	2	0.1	10	170	47	1	46	4	6%	10%	10%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	320	12	7	0.3	40	180	50	1	48	5	15%	10%	15%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	220	2	0.2	0	0	160	46	1	44	4	4%	10%	15%	8%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	300	10	5	0.2	30	170	48	1	45	4	15%	10%	15%	8%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	210	2.5	2.5	0	0	160	46	1	44	1	0%	10%	2%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	290	10	7	0.2	30	170	48	1	47	1	10%	10%	2%	2%	50
Green Tea Crème Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	280	0.3	0.1	0	5	220	64	1	63	5	8%	10%	15%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	400	11	7	0.3	45	230	68	1	65	6	20%	15%	20%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	300	3	1.5	0.1	10	230	64	1	63	5	8%	15%	15%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	420	14	9	0.4	50	240	68	1	65	6	20%	15%	20%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	320	4.5	2.5	0.1	15	220	64	1	63	5	6%	10%	15%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	430	16	9	0.5	55	230	68	1	65	6	20%	15%	15%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	290	2.5	0.3	0	0	220	62	2	60	5	6%	10%	15%	10%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	400	13	7	0.3	40	230	65	2	62	5	20%	15%	20%	10%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	280	3	3	0	0	220	62	1	61	1	0%	10%	2%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	390	14	10	0.3	40	230	66	1	64	2	15%	15%	4%	4%	70
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	390	0.4	0.1	0	5	310	88	2	86	8	10%	15%	25%	6%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	500	12	7	0.3	45	320	91	2	88	9	25%	15%	25%	6%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	420	4	2.5	0.2	15	320	87	2	86	8	10%	15%	25%	4%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	530	15	10	0.5	55	330	91	2	88	8	25%	20%	25%	4%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	440	7	4	0.2	20	310	87	2	86	7	10%	15%	25%	6%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	550	18	11	0.5	60	320	91	2	88	8	20%	15%	25%	6%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	400	3.5	0.4	0	0	300	84	2	81	7	8%	15%	25%	15%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	510	15	7	0.3	40	310	87	2	83	7	20%	15%	25%	15%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	380	4.5	4	0	0	300	85	2	82	2	0%	15%	2%	4%	95
Green Tea Crème Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	500	16	11	0.3	40	310	88	2	85	2	15%	15%	4%	4%	95
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	140	0.1	0	0	0	135	30	0	30	3	6%	0%	10%	0%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	220	8	5	0.2	30	140	33	0	32	3	15%	0%	10%	0%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	150	2	1	0.1	5	140	30	0	29	3	4%	0%	10%	0%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	230	10	6	0.3	35	150	33	0	32	3	15%	0%	10%	0%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	160	3	1.5	0.1	10	135	30	0	29	3	4%	0%	10%	0%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	240	11	7	0.3	40	140	33	0	32	3	15%	0%	10%	0%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	140	1.5	0.2	0	0	130	29	0	27	2	4%	0%	10%	4%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	220	9	5	0.2	30	140	31	0	30	3	15%	0%	10%	4%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	140	2	2	0	0	135	29	0	28	0.2	0%	0%	0%	0%	20
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	220	10	7	0.2	30	140	31	0	30	1	10%	0%	2%	0%	20



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Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	190	0.1	0.1	0	0	180	42	0	41	4	6%	0%	15%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	300	11	7	0.3	45	200	45	0	44	4	20%	0%	15%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	200	2	1.5	0.1	10	190	42	0	41	4	6%	0%	15%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	320	13	8	0.4	50	200	45	0	44	4	20%	0%	15%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	220	3.5	2	0.1	10	180	42	0	41	3	6%	0%	10%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	330	15	9	0.4	50	200	45	0	44	4	20%	0%	15%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	190	2	0.2	0	0	180	40	0	38	3	4%	0%	15%	6%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	310	13	7	0.3	40	190	43	0	41	4	15%	0%	15%	6%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	190	2.5	2.5	0	0	180	40	0	39	0.2	0%	0%	0%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	300	14	9	0.3	40	190	43	0	42	1	15%	0%	2%	0%	25
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	260	0.1	0.1	0	5	260	59	0	58	6	10%	0%	20%	0%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	380	11	7	0.3	45	270	63	0	61	6	25%	0%	20%	0%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	290	3.5	2	0.1	15	270	59	0	57	6	10%	0%	20%	0%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	410	15	9	0.5	55	280	62	0	61	6	20%	0%	20%	0%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	310	6	3	0.2	15	260	59	0	57	5	8%	0%	20%	0%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	420	17	10	0.5	60	280	62	0	61	6	20%	0%	20%	0%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	270	2.5	0.4	0	0	260	56	1	53	5	6%	0%	20%	8%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	390	14	7	0.3	40	270	59	1	56	5	20%	0%	20%	8%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	270	4	3.5	0	0	260	57	0	55	0.4	0%	0%	0%	0%	40
Oprah Cinnamon Chai Crème Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	380	15	11	0.3	40	270	60	0	58	1	15%	0%	2%	0%	40
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Nonfat	No Whip	354 mL	170	0.1	0.1	0	0	140	38	0	37	3	6%	6%	10%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Nonfat	Whip	354 mL	250	8	5	0.2	30	150	41	0	39	4	15%	6%	15%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	2%	No Whip	354 mL	180	2	1	0.1	5	150	38	0	37	3	6%	6%	10%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	2%	Whip	354 mL	260	10	6	0.3	35	160	40	0	39	4	15%	6%	15%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Whole	No Whip	354 mL	190	3	1.5	0.1	10	140	38	0	37	3	4%	6%	10%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Whole	Whip	354 mL	270	11	7	0.3	40	150	40	0	39	3	15%	6%	10%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Soy	No Whip	354 mL	170	1.5	0.2	0	0	140	37	1	35	3	4%	6%	10%	6%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Soy	Whip	354 mL	250	9	5	0.2	30	150	39	1	37	3	15%	6%	15%	6%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Coconut	No Whip	354 mL	170	2	2	0	0	140	37	0	35	0.3	0%	6%	2%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Tall	Coconut	Whip	354 mL	250	10	7	0.2	30	150	39	0	38	1	10%	6%	2%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Nonfat	No Whip	473 mL	230	0.2	0.1	0	0	200	53	0	52	4	8%	6%	15%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Nonfat	Whip	473 mL	340	11	7	0.3	45	210	56	0	54	5	20%	8%	15%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	2%	No Whip	473 mL	250	2.5	1.5	0.1	10	200	53	0	51	4	6%	8%	15%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	2%	Whip	473 mL	360	14	8	0.4	50	210	56	0	54	5	20%	8%	15%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Whole	No Whip	473 mL	260	4	2	0.1	10	200	53	0	51	4	6%	6%	15%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Whole	Whip	473 mL	370	15	9	0.4	55	210	56	0	54	4	20%	8%	15%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Soy	No Whip	473 mL	240	2	0.2	0	0	190	51	1	49	3	4%	6%	15%	8%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Soy	Whip	473 mL	350	13	7	0.3	40	200	54	1	51	4	15%	8%	15%	8%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Coconut	No Whip	473 mL	230	2.5	2.5	0	0	190	51	0	49	0.4	0%	6%	2%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Grande	Coconut	Whip	473 mL	340	14	9	0.3	40	200	54	0	53	1	15%	8%	4%	2%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Nonfat	No Whip	709 mL	300	0.2	0.1	0	5	270	70	0	68	6	10%	8%	20%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Nonfat	Whip	709 mL	420	11	7	0.3	45	280	73	0	70	7	25%	8%	25%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	2%	No Whip	709 mL	330	3.5	2	0.1	15	280	69	0	68	6	10%	8%	20%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	2%	Whip	709 mL	450	15	9	0.5	55	290	73	0	70	7	20%	8%	25%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Whole	No Whip	709 mL	350	6	3	0.2	15	270	69	0	68	6	8%	8%	20%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Whole	Whip	709 mL	460	17	10	0.5	60	280	73	0	70	6	20%	8%	20%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Soy	No Whip	709 mL	310	3	0.4	0	0	260	67	1	63	5	6%	8%	20%	10%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Soy	Whip	709 mL	430	14	7	0.3	40	270	70	1	66	6	20%	8%	25%	10%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Coconut	No Whip	709 mL	300	3.5	3.5	0	0	260	67	1	65	1	0%	8%	2%	4%	0
Strawberries & Crème Frappuccino® Blended Beverage	Venti®	Coconut	Whip	709 mL	420	15	10	0.3	40	270	70	1	68	1	15%	8%	4%	4%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Nonfat	No Whip	354 mL	170	0.1	0.1	0	0	160	39	0	38	4	6%	0%	10%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Nonfat	Whip	354 mL	250	8	5	0.2	30	170	41	0	40	4	15%	0%	15%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	2%	No Whip	354 mL	190	2	1	0.1	10	170	39	0	38	4	6%	0%	10%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	2%	Whip	354 mL	270	10	6	0.3	40	170	41	0	39	4	15%	0%	15%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Whole	No Whip	354 mL	200	3.5	2	0.1	10	160	39	0	38	3	6%	0%	10%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Whole	Whip	354 mL	280	11	7	0.3	40	170	41	0	39	4	15%	0%	10%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Soy	No Whip	354 mL	180	1.5	0.2	0	0	160	37	1	35	3	4%	0%	10%	6%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Soy	Whip	354 mL	260	10	5	0.2	30	160	39	1	37	3	15%	0%	15%	6%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Coconut	No Whip	354 mL	170	2.5	2	0	0	160	37	0	36	0.2	0%	0%	0%	0%	0



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Vanilla Bean Crème Frappuccino® Blended Crème	Tall	Coconut	Whip	354 mL	250	10	7	0.2	30	160	39	0	38	1	10%	0%	2%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Nonfat	No Whip	473 mL	240	0.1	0.1	0	8	230	56	0	55	5	8%	0%	15%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Nonfat	Whip	473 mL	360	11	7	0.3	45	240	60	0	57	5	20%	0%	20%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	2%	No Whip	473 mL	270	3	1.5	0.1	10	240	56	0	55	5	8%	0%	15%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	2%	Whip	473 mL	380	14	8	0.4	55	250	59	0	57	5	20%	0%	15%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Whole	No Whip	473 mL	280	4.5	2.5	0.1	15	230	56	0	55	4	6%	0%	15%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Whole	Whip	473 mL	400	16	10	0.5	55	240	59	0	57	5	20%	0%	15%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Soy	No Whip	473 mL	250	2.5	0.3	0	0	220	54	1	51	4	6%	0%	15%	8%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Soy	Whip	473 mL	370	13	7	0.3	40	230	57	1	54	5	20%	0%	20%	8%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Coconut	No Whip	473 mL	240	3	3	0	0	220	54	0	52	0.3	0%	0%	0%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Grande	Coconut	Whip	473 mL	360	14	10	0.3	40	240	57	0	56	1	15%	0%	2%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Nonfat	No Whip	709 mL	320	0.2	0.1	0	5	300	73	0	71	7	10%	0%	20%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Nonfat	Whip	709 mL	430	11	7	0.3	45	310	76	0	73	7	25%	0%	25%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	2%	No Whip	709 mL	350	4	2	0.1	15	310	73	0	71	7	10%	0%	20%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	2%	Whip	709 mL	460	15	9	0.5	55	320	76	0	73	7	25%	0%	25%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Whole	No Whip	709 mL	370	7	4	0.2	20	300	73	0	71	6	10%	0%	20%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Whole	Whip	709 mL	490	18	11	0.5	60	310	76	0	73	7	20%	0%	25%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Soy	No Whip	709 mL	330	3	0.4	0	0	290	69	1	66	6	8%	0%	25%	10%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Soy	Whip	709 mL	440	14	7	0.3	40	300	73	1	68	6	20%	0%	25%	10%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Coconut	No Whip	709 mL	310	4.5	4	0	0	290	69	0	67	0.5	0%	0%	0%	0%	0
Vanilla Bean Crème Frappuccino® Blended Crème	Venti®	Coconut	Whip	709 mL	430	15	11	0.3	40	300	73	0	70	1	15%	0%	2%	0%	0
<b>Hot Chocolate &amp; Other</b>																			
Caramel Apple Spice	Kids	N/A	No Whip	236 mL	140	0	0	0	0	10	35	0	33	0	0%	0%	0%	0%	0
Caramel Apple Spice	Kids	N/A	Whip	236 mL	210	6	3.5	0.2	20	20	40	0	37	0.3	6%	0%	0%	0%	0
Caramel Apple Spice	Short	N/A	No Whip	236 mL	140	0	0	0	0	10	35	0	33	0	0%	0%	0%	0%	0
Caramel Apple Spice	Short	N/A	Whip	236 mL	210	6	3.5	0.2	20	20	40	0	37	0.3	6%	0%	0%	0%	0
Caramel Apple Spice	Tall	N/A	No Whip	354 mL	210	0	0	0	0	15	53	0	49	0	0%	0%	0%	0%	0
Caramel Apple Spice	Tall	N/A	Whip	354 mL	300	7	4.5	0.2	25	30	59	0	55	0.4	8%	0%	2%	0%	0
Caramel Apple Spice	Grande	N/A	No Whip	473 mL	280	0	0	0	0	20	70	0	65	0	0%	0%	0%	0%	0
Caramel Apple Spice	Grande	N/A	Whip	473 mL	380	8	5	0.2	30	35	76	0	71	0.5	10%	0%	2%	0%	0
Caramel Apple Spice	Venti®	N/A	No Whip	591 mL	360	0	0	0	0	25	89	0	83	0	0%	0%	0%	0%	0
Caramel Apple Spice	Venti®	N/A	Whip	591 mL	450	8	5	0.2	30	40	95	0	88	0.5	10%	0%	2%	0%	0
Hot Chocolate	Kids	Nonfat	No Whip	236 mL	140	1.5	1	0	5	70	26	2	23	7	10%	0%	20%	15%	15
Hot Chocolate	Kids	Nonfat	Whip	236 mL	200	6	4	0.2	20	95	29	2	24	8	10%	2%	15%	20%	15
Hot Chocolate	Kids	2%	No Whip	236 mL	170	4.5	3	0.1	15	80	26	2	22	7	10%	0%	20%	15%	15
Hot Chocolate	Kids	2%	Whip	236 mL	230	10	6	0.3	30	85	28	2	24	7	15%	0%	20%	20%	15
Hot Chocolate	Kids	Whole	No Whip	236 mL	190	7	4	0.2	15	70	26	2	22	7	8%	0%	20%	15%	15
Hot Chocolate	Kids	Whole	Whip	236 mL	250	12	7	0.3	35	80	28	2	24	7	15%	0%	20%	20%	15
Hot Chocolate	Kids	Soy	No Whip	236 mL	150	3.5	1	0	0	60	23	3	18	6	6%	0%	20%	25%	15
Hot Chocolate	Kids	Soy	Whip	236 mL	210	9	4.5	0.2	20	65	25	3	20	6	10%	0%	20%	25%	15
Hot Chocolate	Kids	Coconut	No Whip	236 mL	140	5	4.5	0	0	70	23	2	20	2	0%	0%	0%	15%	15
Hot Chocolate	Kids	Coconut	Whip	236 mL	200	10	8	0.2	20	75	26	2	22	2	6%	0%	2%	20%	15
Hot Chocolate	Short	Nonfat	No Whip	236 mL	140	1.5	1	0	5	70	26	2	23	7	10%	0%	20%	15%	15
Hot Chocolate	Short	Nonfat	Whip	236 mL	200	6	4	0.2	20	95	29	2	24	8	10%	2%	15%	20%	15
Hot Chocolate	Short	2%	No Whip	236 mL	170	4.5	3	0.1	15	80	26	2	22	7	10%	0%	20%	15%	15
Hot Chocolate	Short	2%	Whip	236 mL	230	10	6	0.3	30	85	28	2	24	7	15%	0%	20%	20%	15
Hot Chocolate	Short	Whole	No Whip	236 mL	190	7	4	0.2	15	70	26	2	22	7	8%	0%	20%	15%	15
Hot Chocolate	Short	Whole	Whip	236 mL	250	12	7	0.3	35	80	28	2	24	7	15%	0%	20%	20%	15
Hot Chocolate	Short	Soy	No Whip	236 mL	150	3.5	1	0	0	60	23	3	18	6	6%	0%	20%	25%	15
Hot Chocolate	Short	Soy	Whip	236 mL	210	9	4.5	0.2	20	65	25	3	20	6	10%	0%	20%	25%	15
Hot Chocolate	Short	Coconut	No Whip	236 mL	140	5	4.5	0	0	70	23	2	20	2	0%	0%	0%	15%	15
Hot Chocolate	Short	Coconut	Whip	236 mL	200	10	8	0.2	20	75	26	2	22	2	6%	0%	2%	20%	15
Hot Chocolate	Tall	Nonfat	No Whip	354 mL	210	2	1	0	5	110	37	3	32	11	15%	0%	30%	25%	20
Hot Chocolate	Tall	Nonfat	Whip	354 mL	280	8	5	0.2	30	115	40	3	34	11	25%	0%	30%	25%	20
Hot Chocolate	Tall	2%	No Whip	354 mL	250	7	4.5	0.2	20	125	37	3	32	11	15%	0%	30%	25%	20
Hot Chocolate	Tall	2%	Whip	354 mL	320	13	8	0.4	45	130	39	3	34	11	20%	2%	30%	25%	20
Hot Chocolate	Tall	Whole	No Whip	354 mL	280	10	6	0.3	25	110	37	3	32	10	10%	0%	30%	25%	20
Hot Chocolate	Tall	Whole	Whip	354 mL	350	16	10	0.4	50	120	39	3	34	11	20%	0%	30%	25%	20



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Hot Chocolate	Tall	Soy	No Whip	354 mL	220	6	1.5	0	0	95	32	4	25	9	10%	0%	30%	40%	20
Hot Chocolate	Tall	Soy	Whip	354 mL	290	12	5	0.2	25	100	35	4	28	9	15%	0%	30%	40%	20
Hot Chocolate	Tall	Coconut	No Whip	354 mL	210	8	7	0	0	110	33	3	28	3	0%	0%	2%	25%	20
Hot Chocolate	Tall	Coconut	Whip	354 mL	280	14	10	0.2	25	115	36	3	31	3	6%	0%	2%	25%	20
Hot Chocolate	Grande	Nonfat	No Whip	473 mL	270	2.5	1.5	0	5	140	47	4	41	14	20%	0%	40%	35%	25
Hot Chocolate	Grande	Nonfat	Whip	473 mL	350	10	6	0.2	35	150	51	4	43	15	30%	0%	40%	35%	25
Hot Chocolate	Grande	2%	No Whip	473 mL	320	9	6	0.3	25	160	47	4	41	14	20%	2%	40%	35%	25
Hot Chocolate	Grande	2%	Whip	473 mL	400	16	10	0.5	55	170	50	4	43	14	25%	2%	40%	35%	25
Hot Chocolate	Grande	Whole	No Whip	473 mL	360	13	8	0.3	35	150	47	4	41	13	15%	0%	35%	35%	25
Hot Chocolate	Grande	Whole	Whip	473 mL	440	20	12	0.5	60	150	50	4	43	14	25%	0%	35%	35%	25
Hot Chocolate	Grande	Soy	No Whip	473 mL	280	8	2	0	0	125	41	5	32	12	15%	0%	40%	50%	25
Hot Chocolate	Grande	Soy	Whip	473 mL	360	15	7	0.2	25	130	44	5	35	12	20%	0%	40%	50%	25
Hot Chocolate	Grande	Coconut	No Whip	473 mL	270	10	9	0	0	140	42	4	35	4	0%	0%	2%	35%	25
Hot Chocolate	Grande	Coconut	Whip	473 mL	350	17	13	0.2	25	150	46	4	38	4	8%	0%	2%	35%	30
Hot Chocolate	Venti*	Nonfat	No Whip	591 mL	350	3.5	2	0	10	180	63	5	55	18	25%	0%	50%	40%	35
Hot Chocolate	Venti*	Nonfat	Whip	591 mL	430	10	6	0.2	35	190	66	5	58	18	35%	0%	50%	45%	35
Hot Chocolate	Venti*	2%	No Whip	591 mL	420	11	7	0.4	35	200	62	5	55	17	25%	2%	50%	40%	35
Hot Chocolate	Venti*	2%	Whip	591 mL	500	19	12	0.5	60	210	66	5	57	18	30%	2%	50%	45%	35
Hot Chocolate	Venti*	Whole	No Whip	591 mL	470	17	10	0.4	45	190	62	5	55	17	20%	0%	45%	40%	35
Hot Chocolate	Venti*	Whole	Whip	591 mL	550	24	14	0.5	70	190	66	5	57	17	30%	0%	45%	45%	35
Hot Chocolate	Venti*	Soy	No Whip	591 mL	370	9	2.5	0	0	160	55	7	44	15	15%	0%	50%	60%	35
Hot Chocolate	Venti*	Soy	Whip	591 mL	450	17	7	0.2	25	170	58	7	46	15	25%	0%	50%	60%	35
Hot Chocolate	Venti*	Coconut	No Whip	591 mL	360	13	11	0	0	180	57	5	48	4	0%	0%	2%	40%	35
Hot Chocolate	Venti*	Coconut	Whip	591 mL	430	20	15	0.2	25	190	60	5	51	5	8%	0%	4%	45%	35
Lemonade	Kids	N/A	N/A	354 mL	80	0	0	0	0	0	21	0	21	0.1	0%	25%	0%	0%	0
Lemonade	Tall	N/A	N/A	354 mL	80	0	0	0	0	0	21	0	21	0.1	0%	25%	0%	0%	0
Lemonade	Grande	N/A	N/A	473 mL	110	0	0	0	0	1	29	0	29	0.2	0%	30%	0%	0%	0
Lemonade	Venti*	N/A	N/A	709 mL	150	0	0	0	0	1	41	0	41	0.2	0%	45%	0%	0%	0
Lemonade	Trenta	N/A	N/A	887 mL	180	0	0	0	0	1	49	0	49	0.3	0%	50%	0%	0%	0
Milk	Tall	Nonfat	N/A	354 mL	140	0.3	0.2	0	10	170	20	0	20	14	25%	0%	45%	0%	0
Milk	Tall	2%	N/A	354 mL	200	8	4	0.2	30	190	19	0	19	13	20%	2%	45%	0%	0
Milk	Tall	Whole	N/A	354 mL	240	13	7	0.4	40	170	19	0	19	13	20%	0%	40%	0%	0
Milk	Tall	Soy	N/A	354 mL	160	6	1	0	0	150	13	2	10	11	15%	0%	45%	20%	0
Milk	Tall	Coconut	N/A	354 mL	130	9	8	0	0	160	13	0	13	1	0%	0%	0%	0%	0
Milk	Grande	Nonfat	N/A	473 mL	180	0.4	0.3	0	10	220	26	0	26	18	30%	0%	60%	2%	0
Milk	Grande	2%	N/A	473 mL	260	10	5	0.3	40	250	25	0	25	17	30%	0%	60%	0%	0
Milk	Grande	Whole	N/A	473 mL	320	17	10	0.5	55	230	25	0	25	17	25%	0%	50%	2%	0
Milk	Grande	Soy	N/A	473 mL	210	8	1	0	0	200	17	2	13	15	20%	0%	60%	25%	0
Milk	Grande	Coconut	N/A	473 mL	180	11	11	0	0	210	18	0	17	1	0%	0%	0%	0%	0
Milk	Venti*	Nonfat	N/A	709 mL	250	0.5	0.4	0	15	310	37	0	37	25	45%	0%	80%	2%	0
Milk	Venti*	2%	N/A	709 mL	370	15	7	0.4	60	350	36	0	36	24	40%	2%	80%	2%	0
Milk	Venti*	Whole	N/A	709 mL	450	24	14	0.5	75	320	36	0	36	23	35%	0%	80%	2%	0
Milk	Venti*	Soy	N/A	709 mL	300	12	1.5	0	0	280	24	3	18	21	30%	0%	90%	40%	0
Milk	Venti*	Coconut	N/A	709 mL	250	16	15	0	0	290	25	0	23	2	0%	0%	0%	0%	0
Skinny Hot Chocolate	Kids	Nonfat	N/A	236 mL	80	1	0.5	0	5	85	12	2	8	7	10%	0%	20%	30%	0
Skinny Hot Chocolate	Short	Nonfat	N/A	236 mL	80	1	0.5	0	5	85	12	2	8	7	10%	0%	20%	30%	0
Skinny Hot Chocolate	Tall	Nonfat	N/A	354 mL	130	1.5	1	0.1	5	125	18	3	13	11	15%	0%	30%	45%	0
Skinny Hot Chocolate	Grande	Nonfat	N/A	473 mL	170	1.5	1	0.1	5	160	24	4	17	14	20%	0%	40%	60%	0
Skinny Hot Chocolate	Venti*	Nonfat	N/A	591 mL	210	2	1.5	0.1	10	210	30	5	21	18	25%	0%	50%	70%	0
Steamed Apple Juice	Kids	N/A	N/A	236 mL	120	0	0	0	0	10	30	0	27	0	0%	0%	0%	0%	0
Steamed Apple Juice	Short	N/A	N/A	236 mL	120	0	0	0	0	10	30	0	27	0	0%	0%	0%	0%	0
Steamed Apple Juice	Tall	N/A	N/A	354 mL	170	0	0	0	0	15	44	0	39	0	0%	0%	0%	0%	0
Steamed Apple Juice	Grande	N/A	N/A	473 mL	220	0	0	0	0	20	55	0	50	0	0%	0%	0%	0%	0
Steamed Apple Juice	Venti*	N/A	N/A	591 mL	280	0	0	0	0	25	69	0	62	0	0%	0%	0%	0%	0
Steamed Milk	Kids	Nonfat	N/A	236 mL	70	0.2	0.1	0	5	85	10	0	10	7	10%	0%	25%	0%	0
Steamed Milk	Kids	2%	N/A	236 mL	100	4	2	0.1	15	95	10	0	10	7	10%	0%	20%	0%	0
Steamed Milk	Kids	Whole	N/A	236 mL	120	7	4	0.2	20	90	10	0	10	6	10%	0%	20%	0%	0
Steamed Milk	Kids	Soy	N/A	236 mL	80	3	0.4	0	0	75	6	1	5	5	8%	0%	20%	10%	0
Steamed Milk	Kids	Coconut	N/A	236 mL	70	5	4.5	0	0	85	7	0	7	0.5	0%	0%	0%	0%	0



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Steamed Milk	Short	Nonfat	N/A	236 mL	70	0.2	0.1	0	5	85	10	0	10	7	10%	0%	25%	0%	0
Steamed Milk	Short	2%	N/A	236 mL	100	4	2	0.1	15	95	10	0	10	7	10%	0%	20%	0%	0
Steamed Milk	Short	Whole	N/A	236 mL	120	7	4	0.2	20	90	10	0	10	6	10%	0%	20%	0%	0
Steamed Milk	Short	Soy	N/A	236 mL	80	3	0.4	0	0	75	6	1	5	5	8%	0%	20%	10%	0
Steamed Milk	Short	Coconut	N/A	236 mL	70	5	4.5	0	0	85	7	0	7	0.5	0%	0%	0%	0%	0
Steamed Milk	Tall	Nonfat	N/A	354 mL	110	0.2	0.2	0	5	130	15	0	15	10	20%	0%	35%	0%	0
Steamed Milk	Tall	2%	N/A	354 mL	160	6	3	0.2	25	150	15	0	15	10	15%	2%	35%	0%	0
Steamed Milk	Tall	Whole	N/A	354 mL	190	10	6	0.3	30	135	15	0	15	10	15%	0%	30%	0%	0
Steamed Milk	Tall	Soy	N/A	354 mL	120	4.5	0.5	0	0	110	9	1	7	8	10%	0%	35%	15%	0
Steamed Milk	Tall	Coconut	N/A	354 mL	110	7	7	0	0	130	11	0	11	1	0%	0%	0%	0%	0
Steamed Milk	Grande	Nonfat	N/A	473 mL	140	0.3	0.2	0	10	170	20	0	20	14	25%	0%	45%	0%	0
Steamed Milk	Grande	2%	N/A	473 mL	200	8	4	0.2	30	190	19	0	19	13	25%	2%	45%	0%	0
Steamed Milk	Grande	Whole	N/A	473 mL	250	13	8	0.4	40	170	19	0	19	13	20%	0%	40%	0%	0
Steamed Milk	Grande	Soy	N/A	473 mL	150	6	1	0	0	150	12	2	9	11	15%	0%	45%	20%	0
Steamed Milk	Grande	Coconut	N/A	473 mL	150	9	9	0	0	170	15	0	14	1	0%	0%	0%	0%	0
Steamed Milk	Venti*	Nonfat	N/A	591 mL	170	0.4	0.3	0	10	220	25	0	25	17	30%	0%	60%	2%	0
Steamed Milk	Venti*	2%	N/A	591 mL	260	10	5	0.3	40	240	25	0	25	17	30%	2%	60%	0%	0
Steamed Milk	Venti*	Whole	N/A	591 mL	310	17	10	0.5	50	220	25	0	25	16	25%	0%	50%	2%	0
Steamed Milk	Venti*	Soy	N/A	591 mL	200	8	1	0	0	190	16	2	12	14	20%	0%	60%	25%	0
Steamed Milk	Venti*	Coconut	N/A	591 mL	180	12	11	0	0	220	18	0	17	1	0%	0%	0%	0%	0
Vanilla Steamer	Kids	Nonfat	N/A	236 mL	100	0.2	0.1	0	5	80	19	0	19	6	10%	0%	20%	0%	0
Vanilla Steamer	Kids	2%	N/A	236 mL	130	4	2	0.1	15	90	19	0	19	6	10%	0%	20%	0%	0
Vanilla Steamer	Kids	Whole	N/A	236 mL	150	6	3.5	0.2	20	80	19	0	19	6	10%	0%	20%	0%	0
Vanilla Steamer	Kids	Soy	N/A	236 mL	110	3	0.4	0	0	70	15	1	14	5	8%	0%	20%	10%	0
Vanilla Steamer	Kids	Coconut	N/A	236 mL	110	4.5	4	0	0	80	16	0	16	0.5	0%	0%	0%	0%	0
Vanilla Steamer	Short	Nonfat	N/A	236 mL	100	0.2	0.1	0	5	80	19	0	19	6	10%	0%	20%	0%	0
Vanilla Steamer	Short	2%	N/A	236 mL	130	4	2	0.1	15	90	19	0	19	6	10%	0%	20%	0%	0
Vanilla Steamer	Short	Whole	N/A	236 mL	150	6	3.5	0.2	20	80	19	0	19	6	10%	0%	20%	0%	0
Vanilla Steamer	Short	Soy	N/A	236 mL	110	3	0.4	0	0	70	15	1	14	5	8%	0%	20%	10%	0
Vanilla Steamer	Short	Coconut	N/A	236 mL	110	4.5	4	0	0	80	16	0	16	0.5	0%	0%	0%	0%	0
Vanilla Steamer	Tall	Nonfat	N/A	354 mL	160	0.2	0.2	0	5	120	29	0	29	10	20%	0%	30%	0%	0
Vanilla Steamer	Tall	2%	N/A	354 mL	200	6	3	0.2	25	135	28	0	28	10	15%	0%	30%	0%	0
Vanilla Steamer	Tall	Whole	N/A	354 mL	230	9	5	0.3	30	125	28	0	28	9	15%	0%	30%	0%	0
Vanilla Steamer	Tall	Soy	N/A	354 mL	170	4.5	0.5	0	0	105	23	1	21	8	10%	0%	30%	15%	0
Vanilla Steamer	Tall	Coconut	N/A	354 mL	160	7	6	0	0	125	25	0	24	1	0%	0%	0%	0%	0
Vanilla Steamer	Grande	Nonfat	N/A	473 mL	200	0.3	0.2	0	10	160	38	0	38	13	25%	0%	40%	0%	0
Vanilla Steamer	Grande	2%	N/A	473 mL	270	7	4	0.2	30	180	37	0	37	12	20%	2%	40%	0%	0
Vanilla Steamer	Grande	Whole	N/A	473 mL	310	12	7	0.4	40	160	37	0	37	12	20%	0%	40%	0%	0
Vanilla Steamer	Grande	Soy	N/A	473 mL	220	6	0.5	0	0	135	30	1	27	10	15%	0%	40%	20%	0
Vanilla Steamer	Grande	Coconut	N/A	473 mL	210	9	8	0	0	160	32	0	32	1	0%	0%	0%	0%	0
Vanilla Steamer	Venti*	Nonfat	N/A	591 mL	260	0.4	0.3	0	10	200	48	0	47	16	30%	0%	50%	2%	0
Vanilla Steamer	Venti*	2%	N/A	591 mL	340	10	5	0.3	40	230	47	0	47	16	25%	2%	50%	0%	0
Vanilla Steamer	Venti*	Whole	N/A	591 mL	390	16	9	0.5	50	210	47	0	47	15	25%	0%	50%	2%	0
Vanilla Steamer	Venti*	Soy	N/A	591 mL	280	7	1	0	0	170	38	2	35	13	20%	0%	50%	25%	0
Vanilla Steamer	Venti*	Coconut	N/A	591 mL	270	11	11	0	0	200	41	0	40	1	0%	0%	0%	0%	0
White Hot Chocolate	Kids	Nonfat	No Whip	236 mL	180	3	2.5	0	5	125	31	0	30	8	10%	0%	25%	0%	0
White Hot Chocolate	Kids	Nonfat	Whip	236 mL	230	8	6	0.2	25	130	32	0	32	8	15%	0%	25%	0%	0
White Hot Chocolate	Kids	2%	No Whip	236 mL	210	6	4	0.1	15	135	30	0	30	8	10%	2%	25%	0%	0
White Hot Chocolate	Kids	2%	Whip	236 mL	260	11	7	0.3	35	140	32	0	31	8	15%	2%	25%	0%	0
White Hot Chocolate	Kids	Whole	No Whip	236 mL	220	8	5	0.2	20	125	30	0	30	7	8%	0%	25%	0%	0
White Hot Chocolate	Kids	Whole	Whip	236 mL	280	14	9	0.3	40	130	32	0	31	8	15%	0%	25%	0%	0
White Hot Chocolate	Kids	Soy	No Whip	236 mL	190	5	2.5	0	5	115	27	1	26	6	6%	0%	25%	8%	0
White Hot Chocolate	Kids	Soy	Whip	236 mL	240	11	6	0.2	20	120	29	1	27	7	10%	0%	25%	8%	0
White Hot Chocolate	Kids	Coconut	No Whip	236 mL	180	7	6	0	5	125	28	0	28	2	0%	0%	6%	0%	0
White Hot Chocolate	Kids	Coconut	Whip	236 mL	230	12	9	0.2	20	130	30	0	29	3	6%	0%	6%	0%	0
White Hot Chocolate	Short	Nonfat	No Whip	236 mL	180	3	2.5	0	5	125	31	0	30	8	10%	0%	25%	0%	0
White Hot Chocolate	Short	Nonfat	Whip	236 mL	230	8	6	0.2	25	130	32	0	32	8	15%	0%	25%	0%	0
White Hot Chocolate	Short	2%	No Whip	236 mL	210	6	4	0.1	15	135	30	0	30	8	10%	2%	25%	0%	0
White Hot Chocolate	Short	2%	Whip	236 mL	260	11	7	0.3	35	140	32	0	31	8	15%	2%	25%	0%	0



Starbucks Coffee Company  
Beverage Nutrition Information

White Hot Chocolate	Short	Whole	No Whip	236 mL	220	8	5	0.2	20	125	30	0	30	7	8%	0%	25%	0%	0
White Hot Chocolate	Short	Whole	Whip	236 mL	280	14	9	0.3	40	130	32	0	31	8	15%	0%	25%	0%	0
White Hot Chocolate	Short	Soy	No Whip	236 mL	190	5	2.5	0	5	115	27	1	26	6	6%	0%	25%	8%	0
White Hot Chocolate	Short	Soy	Whip	236 mL	240	11	6	0.2	20	120	29	1	27	7	10%	0%	25%	8%	0
White Hot Chocolate	Short	Coconut	No Whip	236 mL	180	7	6	0	5	125	28	0	28	2	0%	0%	6%	0%	0
White Hot Chocolate	Short	Coconut	Whip	236 mL	230	12	9	0.2	20	130	30	0	29	3	6%	0%	6%	0%	0
White Hot Chocolate	Tall	Nonfat	No Whip	354 mL	270	4.5	3.5	0	10	190	46	0	46	12	15%	2%	40%	0%	0
White Hot Chocolate	Tall	Nonfat	Whip	354 mL	330	11	7	0.2	30	200	48	0	47	12	25%	2%	40%	0%	0
White Hot Chocolate	Tall	2%	No Whip	354 mL	310	9	6	0.2	25	200	46	0	46	12	15%	2%	40%	0%	0
White Hot Chocolate	Tall	2%	Whip	354 mL	370	16	10	0.3	45	210	48	0	47	12	20%	2%	40%	0%	0
White Hot Chocolate	Tall	Whole	No Whip	354 mL	340	13	8	0.3	30	190	46	0	46	11	10%	2%	35%	0%	0
White Hot Chocolate	Tall	Whole	Whip	354 mL	400	19	12	0.4	55	200	48	0	47	11	20%	2%	35%	0%	0
White Hot Chocolate	Tall	Soy	No Whip	354 mL	280	8	4	0	5	180	41	1	39	10	10%	2%	40%	15%	0
White Hot Chocolate	Tall	Soy	Whip	354 mL	340	14	8	0.2	25	180	43	1	40	10	15%	2%	40%	15%	0
White Hot Chocolate	Tall	Coconut	No Whip	354 mL	270	10	9	0	5	190	42	0	42	3	0%	2%	10%	0%	0
White Hot Chocolate	Tall	Coconut	Whip	354 mL	330	16	13	0.2	25	190	44	0	43	4	6%	2%	10%	0%	0
White Hot Chocolate	Grande	Nonfat	No Whip	473 mL	360	6	5	0	10	250	61	0	61	15	20%	2%	50%	2%	0
White Hot Chocolate	Grande	Nonfat	Whip	473 mL	430	13	9	0.2	40	260	63	0	62	16	30%	2%	50%	2%	0
White Hot Chocolate	Grande	2%	No Whip	473 mL	410	12	8	0.2	30	270	61	0	60	15	20%	2%	50%	0%	0
White Hot Chocolate	Grande	2%	Whip	473 mL	480	19	12	0.4	60	270	63	0	62	15	25%	2%	50%	0%	0
White Hot Chocolate	Grande	Whole	No Whip	473 mL	450	17	11	0.3	40	250	61	0	60	15	15%	2%	45%	2%	0
White Hot Chocolate	Grande	Whole	Whip	473 mL	520	24	15	0.5	65	260	63	0	62	15	25%	2%	50%	2%	0
White Hot Chocolate	Grande	Soy	No Whip	473 mL	370	11	5	0	5	230	55	1	52	13	15%	2%	50%	15%	0
White Hot Chocolate	Grande	Soy	Whip	473 mL	440	18	10	0.2	30	240	57	1	53	13	20%	2%	50%	15%	0
White Hot Chocolate	Grande	Coconut	No Whip	473 mL	360	13	12	0	5	250	56	0	55	5	0%	2%	10%	0%	0
White Hot Chocolate	Grande	Coconut	Whip	473 mL	430	20	16	0.2	30	250	58	0	57	5	8%	2%	15%	0%	0
White Hot Chocolate	Venti®	Nonfat	No Whip	591 mL	450	7	6	0	15	320	77	0	77	20	25%	2%	60%	2%	0
White Hot Chocolate	Venti®	Nonfat	Whip	591 mL	520	14	10	0.2	40	320	79	0	78	20	35%	2%	70%	2%	0
White Hot Chocolate	Venti®	2%	No Whip	591 mL	520	16	10	0.3	40	340	76	0	76	19	25%	4%	60%	2%	0
White Hot Chocolate	Venti®	2%	Whip	591 mL	590	23	15	0.5	65	350	78	0	78	20	30%	4%	60%	2%	0
White Hot Chocolate	Venti®	Whole	No Whip	591 mL	570	21	14	0.4	50	320	76	0	76	19	20%	2%	60%	2%	0
White Hot Chocolate	Venti®	Whole	Whip	591 mL	640	28	18	0.5	75	330	78	0	78	19	30%	2%	60%	2%	0
White Hot Chocolate	Venti®	Soy	No Whip	591 mL	470	14	7	0	5	290	69	2	65	16	15%	2%	60%	20%	0
White Hot Chocolate	Venti®	Soy	Whip	591 mL	540	21	11	0.2	30	300	71	2	67	17	25%	2%	60%	20%	0
White Hot Chocolate	Venti®	Coconut	No Whip	591 mL	450	17	15	0	5	310	71	0	69	6	0%	2%	15%	0%	0
White Hot Chocolate	Venti®	Coconut	Whip	591 mL	520	24	20	0.2	30	320	73	0	71	6	8%	2%	15%	0%	0
<b>Add-Ons</b>																			
Sweetened Whipped Cream	Short - Hot	N/A	N/A	N/A	50	5	3	0.2	20	5	1	0	1	0.3	6%	0%	0%	0%	0
Sweetened Whipped Cream	Tall - Hot	N/A	N/A	N/A	60	6	4	0.2	20	5	2	0	1	0.3	6%	0%	0%	0%	0
Sweetened Whipped Cream	Grande/Venti® - Hot	N/A	N/A	N/A	70	7	4.5	0.2	25	5	2	0	2	0.4	8%	0%	2%	0%	0
Sweetened Whipped Cream	Tall - Cold	N/A	N/A	N/A	80	8	5	0.2	30	10	2	0	2	0.4	10%	0%	2%	0%	0
Sweetened Whipped Cream	Grande/Venti® - Cold	N/A	N/A	N/A	110	11	7	0.3	40	10	3	0	2	1	15%	0%	2%	0%	0
Flavoured Syrup	1 pump	N/A	N/A	N/A	20	0	0	0	0	0	5	0	5	0	0%	0%	0%	0%	0
Flavoured Sugar-Free Syrup	1 pump	N/A	N/A	N/A	0	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	0
Mocha Syrup	1 pump	N/A	N/A	N/A	35	0.5	0	0	0	0	7	1	5	1	0%	0%	0%	6%	5
Mocha Drizzle	N/A	N/A	N/A	N/A	10	0.5	0.1	0	0	0	1	0	1	0.2	0%	0%	0%	2%	0
Caramel Drizzle	N/A	N/A	N/A	N/A	15	0	0.3	0	0	4	2	0	2	0	0%	0%	0%	0%	0
Espresso Shot	1 shot	N/A	N/A	N/A	5	0.1	0	0	0	0	1	0	0	0.4	0%	0%	0%	0%	75
Matcha Green Tea Powder	1 scoop	N/A	N/A	N/A	25	0.1	0	0	0	0	6	0	5	0.3	0%	4%	0%	2%	25
Protein & Fibre Powder	1 scoop	N/A	N/A	N/A	30	0.1	0.1	0	0	45	1	1	0	6	0%	0%	0%	2%	0